

OMED[®]25 Osteopathic harmony

Aligning leadership, education & patient care

Sept. 25-28 • Nashville, TN

In-Person Conference Program





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Registration and housing open now! Come together to experience the distinctiveness of osteopathic education.

I am delighted to meet in person in Nashville, Tennessee, at the Music City Center this September 25 through 28.

The Osteopathic Medical Education Conference (OMED) is the American Osteopathic Association's (AOA) premier educational event. Presented annually, it is a conference that showcases osteopathic medicine across multiple specialties and is planned in conjunction with AOA specialty college affiliates. It brings



together the osteopathic community and provides an opportunity for attendees to obtain high-quality education, discuss clinical science, and network with one another. In addition, this unique event affords the AOA the opportunity to continue to strengthen its relationship and partnership with osteopathic affiliated organizations, including colleges of osteopathic medicine.

Step into the spotlight with OMED, the only national osteopathic conference that underscores the crucial role of osteopathic physicians. By attending in person, you'll immerse yourself in an enriching environment that fosters fellowship and camaraderie. Dive into a broad spectrum of educational tracks and social networking events tailored to meet your professional needs. Regardless of whether you're a seasoned professional, an up-and-coming physician, or an ambitious osteopathic student or resident, OMED is your platform to shine and grow. Join us at OMED for an unmatched experience that will redefine your professional journey!

The OMED 2025 conference program is your one-stop resource for everything you need – from viewing the conference schedule to gathering details about registration and hotel accommodations. But that's not all! Keep yourself updated with the latest additions to the specialty track sessions and activities by checking back frequently. We're constantly enriching our program to ensure an engaging, diverse, and dynamic experience.

By attending in person, you'll receive exclusive access to the OMED 2025 virtual platform from the afternoon of September 28 right through to December 31. The OMED 2025 virtual platform will have all in-person content in addition to bonus virtual sessions from seven additional specialties.

On behalf of the entire Council of OMED, we look forward to welcoming you to Nashville, Tennessee!

Peter Ajluni, DO

Chair, Council of OMED

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Nashville, Tennessee Welcomes You!

>>> OMED25 Registration



The registration fees are listed below. Attending in-person provides access to the virtual platform for post-event viewing and continuing education.

*AOA Members Exclusive Pricing Promotion! Register AND Reserve a Hotel Room June through July 31 at the special promotional price of only \$675! Added Bonus: The first 500 AOA members who take advantage of this exclusive promotion will receive food vouchers to utilize at the convention center.

**New Physicians in Practice: Discounted promotional codes available. Email meetings@osteopathic.org for more information.

Category	Rates
AOA Member (AOA)	\$975*
AOA Non-Member (NM)	\$1,175
Associate Members/Practice Managers (ASM)	\$326
Non-DOs (MDs, PhDs) (NDO)	\$1,175
Retired AOA Members (RET)	\$300
Military	\$625
Allied Health Professionals (RNs, NPs, PAs, etc.)	\$1,175
Advocates of the American Osteopathic Association	\$150
Affiliate Executive Directors/CEOs	\$0
New Physicians in Practice	\$975**
Residents (R)	\$75
Students (S)	\$50
Pre-Medical Students	\$50
Guests/children 13 and over	\$150
Children 12 and under	\$0





The official housing provider for the AOA OMED conference is Maritz. The AOA OMED conference does not have influence over or responsibility for any reservations made through a housing company or group other than the AOA OMED conference official housing partner, Maritz. In recent years, several attendees have informed the AOA OMED conference of housing solicitations (often fraudulent) from groups with no affiliation with the AOA OMED conference. It is encouraged to book hotel reservations through the AOA OMED conference provider, Maritz, and avoid providing information to any other company, even if they claim to be affiliated with the event.

The following hotels are the official AOA OMED conference hotels.

Hotel Name	Room Rate
OMNI Nashville (headquarters)	\$355+ tax
Westin Nashville	\$309+ tax
Renaissance Nashville	\$279+ tax
Home2Suites Nashville Downtown Convention Center	\$265+ tax
Tru Nashville Downtown Convention Center	\$265+ tax

Advantages of Booking within the AOA OMED Conference Hotel Room Block:

- Location All hotels are withing walking distance of the convention center.
- **Deep discounts** The AOA Group Rate provides the best pricing during the OMED conference.
- **Best rate package** The OMED rates remain the lowest.
- **Hotel reward points** Add your hotel rewards to your reservation to earn loyalty points and enhance your hotel stay.
- **Support the industry** Booking within the OMED hotel room block allows the AOA to provide a convention experience at a lower price point.

Hotel reservations can be made online through Maritz when completing your in-person registration. **Housing is now open!**





OFFICIAL HOUSING MAP: DOWNTOWN NASHVILLE

- Omni Nashville Hotel 250 Rep. John Lewis Way S Adjacent
- 2. The Westin Nashville 807 Clark Pl Adjacent
- 3. Renaissance Nashville Hotel611 Commerce St3 blocks
- 4. Home2 Suites by Hilton Nashville Downtown Convention Center 500 Rep. John Lewis Way S 1 block
- 5. Tru By Hilton Nashville Downtown Convention Center 500 Rep. John Lewis Way S 1 block



*Distances noted are in relation to Music City Center

VisitMusicCity.com

>>> Continuing Medical Education (CME) Information



OMED25 is supported by independent educational grants from commercial interests. Complete information will be provided to participants prior to the activity. Conflict of Interest Disclosures for individuals in control of content will also be provided prior to the start of the activity.

Overall Education Objectives

- Highlight the evidence on new, revised, and standard treatment approaches for a variety of medical conditions as they relate to physicians
- Review revisions in clinical practice guidelines and evaluate clinical practice implications
- Describe updates in clinical decision tools for screening and differential diagnoses of diseases

Designation

The American Osteopathic Association (AOA) designates this program for a maximum of 40 AOA Category 1-A Credits* and 20 AOA Category 1-B Credits and will report CME credits commensurate with the physician's participation in this program. The AOA designates this blended activity for 60 AMA PRA Category 1 Credits...*.*

Physicians should only claim the credit commensurate with the extent of their participation in the activity.

*In-person attendees are eligible for a maximum of 60 AOA Category 1 Credits (40 1-A, 20 1-B) or 60 AMA PRA Category 1 Credits™.

Claim 2 AOA Category 2-B Credits by Viewing ePosters

Participants may claim up to two (2) AOA Category 2-B Credits by viewing ePosters at the link that will be provided closer to OMED. To claim this credit and receive a certificate, the participant must complete and submit a separate attestation form to **gdillard@osteopathic.org**. The AOA will email a certificate that includes the number of AOA Category 2-B Credits earned once the attestation form is received and the hours are verified.



The American Osteopathic Association (AOA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CME/Certificate of Attendance

To claim your CME certificate or your certificate of attendance, you will need to complete an evaluation and CME credit hour attestation by January 31, 2026.

Disclaimer

The information in this educational activity is provided for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this CME activity are those of the authors/faculty. They do not represent endorsement by the AOA. In no event will the AOA be liable for any decision made or action taken in reliance upon the information provided through this CME activity.

>>> OMED25 Preliminary Schedule of Events



OMED25 will bring together osteopathic physicians and the healthcare team for one event this September 25 through 28 at the Music City Center in Nashville, Tennessee. Earn up to 40 Category 1-A Credits and up to 20 Category 1-B Credits.

CME sessions, exhibits, general sessions, student sessions, ancillary meetings, and registration will take place in the Music City Center.

The AOF Honors Gala and Alumni events will take place at the OMNI Nashville Hotel.

Thursday, September 25

All times listed are Central Standard Time

TIME EVENT

All Day Explore Nashville – View **website** for various tours

9 a.m.-1 p.m. OMT Next Level: Cervical Thoracic Spine (Separate Registration Required)

11 a.m.-5 p.m. CME (Didactic) Sessions

11 a.m.-7 p.m. Registration Open

1-5 p.m. OMT Next Level: Upper Extremities (Separate Registration Required)

5:30-6 p.m. Specialty College Reception (By Invitation)
6-7 p.m. OMED Welcome Reception (All Attendees)

Friday, September 26

All times listed are Central Standard Time

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6-7:30 a.m. Symposium

7:30-9:15 a.m. Main Stage: Keynote Presentation and Award Recognition

9:25-9:30 a.m. Exhibit Hall Ribbon Cutting 9:30-10 a.m. Exhibit Hall Exclusive Opening

Continental Breakfast Provided

9:30 a.m.-1:30 p.m. OMT Next Level: Headaches (Separate Registration Required)

9:30 a.m.-3 p.m. Exhibits Open

Interactive Area

10 a.m.-12:30 p.m. CME (Didactic) Sessions 12:30-1:30 p.m. Lunch and Learn – *Tentative* 12:30-1:30 p.m. Exhibit Hall Exclusive Hour

Product Theaters

1:30-4:30 p.m. Resident Track

1:30-5 p.m. CME (Didactic) Sessions

6-11:30 p.m. AOF Honors Gala (Separate Registration Required)

>>> OMED25 Preliminary Schedule of Events



Saturday, September 27

All times listed are Central Standard Time

TIME EVENT

8-9 a.m. Exhibit Hall Exclusive Hour

Specialty and State Spotlight

Continental Breakfast Provided

8 a.m.-2 p.m. Exhibits Open

Interactive Area

9 a.m.-12:30 p.m. CME (Didactic) Sessions

9 a.m.-12:30 p.m. Residency Fair 9 a.m.-12:30 p.m. Student Track

9 a.m.-12:30 p.m. New Physician in Practice Track

12:30-1:30 p.m. Mentor Café

12:30-1:30 p.m. Lunch and Learn

12:30-1:30 p.m. Exhibit Hall Exclusive Hour

Product Theaters

1:30-3:45 p.m. Faculty Development Programming 1:30-3:45 p.m. New Physician in Practice Track

1:30-4 p.m. CME (Didactic) Sessions

4-5:15 p.m. Main Stage: Keynote Presentation and Award Recognition

5:15-6 p.m. Networking Event After 6 p.m. Alumni Events

6-7 p.m. Student/Resident/BEL Reception

6:30-8:30 p.m. OPAC Reception

>>> OMED25 Preliminary Schedule of Events



Sunday, September 28

All times listed are Central Standard Time

TIME EVENT

6:30-7:45 a.m. AAOA Fun Run (Separate Registration Required) 7:45-8:45 a.m. AOA Session: Certifying Board Services and the

Bureau of Osteopathic Specialists State of the Union

Continental Breakfast Provided

9 a.m.-12 p.m. CME (Didactic) Sessions

9 a.m.-12 p.m. Student Track

After 12 p.m. OMED25 On Demand Begins

Afternoon Explore Nashville – View **website** for various tours

OMED On-Demand

September 28 (Afternoon) – December 31, 2025

Access all CME content through the virtual platform. All content from specialties participating virtually will be available for viewing beginning at noon on September 28.

Emergency Medicine Osteopathic Physicians

The American College of Osteopathic Emergency Physicians (ACOEP) will be hosting its 2025 Scientific Assembly from September 21 through September 25, 2025, in Nashville at the Music City Center. Click here for more information.





FRIDAY MAIN STAGE HIGHLIGHTS



Keynote: Human-Centered Strategies for a Resilient Future – Featuring Simon T. Bailey, MBA Friday, September 26 | 7:30-9:15 a.m. CT

Leaders must spark connections by amplifying brilliance. Velcro Leadership provides the framework to invite people to fasten themselves to a vision worth following, a culture worth staying in, and a future worth building. Amplifying brilliance results in better performance and unlocks potential waiting to be seen, heard, and activated. When leaders amplify brilliance, they unleash more humanity, more hope, and more heart.

Simon T. Bailey, MBA, equips healthcare leaders and teams with the mindset and tools to thrive from the inside out with an Executive MBA from the Royal Docks School of Business and Law at the University of East London and three honorary

doctorates. As a researcher, his groundbreaking State of Working America Report has reshaped how we understand workplace resilience and brilliance, especially in the healthcare space. His latest book, *Resilience@Work – How to Coach Yourself Into a Thriving Future*, has been honored with the 2025 Next Generation Indie Book Award and recognized as a 2025 Independent Press Award winner, affirming its timely impact for today's soul-weary workforce. His expertise honed as a former Sales Director at the Disney Institute blends world-class patient and employee experience with practical leadership strategy.

The AOA will recognize recipients of the following awards:

Coming soon!





SATURDAY MAIN STAGE HIGHLIGHTS



Keynote: The Edge of Possible: Unlocking Potential in a World of Rapid Change – Featuring Cameron Atlas Saturday, September 27 | 4-5:15 p.m. CT

Living in the most accelerated periods in history driven by advances in AI, emerging technologies, and global shifts is redefining how we live and work. This experiential main stage keynote presentation will focus on powerful stories, real-world examples, and practical strategies to embrace change as a constant, move beyond fear, and take bold, decisive steps into the unknown through music.

As a leading authority on adaptability, resilience, and continuous improvement, Cameron has spent the past 15 years helping organizations, leaders, and teams break through limitations and unlock new levels of performance in the face of constant change.

Blending insights from leadership, psychology, and human performance with the emotional impact of live music. In one of the boldest moves of his life, Cameron once sold everything he owned and embarked on a life-changing journey around the world. This decision wasn't just about travel; it was a radical act of reinvention that taught him invaluable lessons about dreaming big and navigating change. With more than 300 songs written about topics including purpose, resilience, courage, and overcoming adversity, Cameron's music has been heard millions of times across 195 countries.

Cameron is also an avid pickleball player, dog dad to his Australian Shepherd Indy, and proudly known as "Uncle Cam" to five beautiful kids.





SATURDAY MAIN STAGE HIGHLIGHTS



Keynote: Dr. Ben Comedy – Featuring Ben Debelek, DO Saturday, September 27 | 4-5:15 p.m. CT

This main stage keynote with Dr. Ben Comedy will wrap up the day with laughter. Whether he's replacing a knee or shoulder or joking about peeing in Morse Code, Dr. Ben delivers laughter with surgical precision.

Ben Debelek, DO, is a Nashville-based comedian who merges his career as a board-certified, orthopedic surgeon with a passion for clean, crowd-pleasing humor. Dr. Ben's comedy journey transformed after a few open mic nights to headlining his own sold-out shows, Dr. Ben & Friends, at Zanie's in Nashville, proudly "putting the MED in COMEDY!"

Dr. Ben's relatable, laugh-out-loud material quickly gained traction and led to exciting new collaborations. His breakthrough performances, like The Sidewalk Surgeon, showcased his ability to connect with diverse audiences who celebrate clean comedy.

The AOA will recognize recipients of the following awards:

Coming soon!

>>> General Session



SUNDAY GENERAL SESSION

Certifying Board Services and the Bureau of Osteopathic Specialists State of the Union Sunday, September 28 | 7:45-8:45 a.m. CT

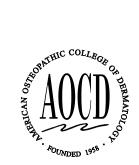
More information coming soon.

>>> OMED25 Specialty College In-Person Participation





























>>> OMED25 Specialty College Virtual Participation

















The following specialties are participating in person with all content, including additional bonus content, available virtually beginning Sunday, September 28.

Addiction Medicine

The American Osteopathic Academy of Addiction Medicine (AOAAM) will have a central theme of advancing addiction medicine and innovations in substance use disorder treatment. As part of OMED25, this specialized track on substance use disorder (SUD) treatment brings together leading experts to explore the latest advancements in addiction medicine. Sessions will cover innovative therapies such as Transcranial Magnetic Stimulation (TMS) and GLP-1 receptor agonists, best practices for behavioral assessments, and specialized approaches for unique patient populations—including healthcare professionals, LGBTQ individuals, and obstetric patients. Designed for osteopathic physicians and healthcare providers, this track will provide practical strategies and cutting-edge research to enhance patient care and improve treatment outcomes. Join us at OMED to stay at the forefront of addiction medicine and network with leaders in the field.

Allergy and Immunology

The American Osteopathic College of Allergy and Immunology (AOCAI) will present lectures covering topics on precision approaches to asthma treatment, precision approaches to insect venom hypersensitivity, anaphylaxis, and approaches to contact dermatitis. In addition, we will provide a lecture covering updates on the current recommendations of the Advisory Committee on Vaccination Practices (ACIP) and the Center for Disease Control (CDC).

Dermatology

The American Osteopathic College of Dermatology (AOCD) is proud to provide educational courses for OMED25 in Nashville and to the virtual OMED25 platform. All AOCD CME activities are planned by a committee comprised of AOA Board-Certified Osteopathic Dermatologists. The AOCD will provide a diversified CME program focusing on the art and science of Dermatology. Information will be presented through lectures. Join the AOCD sessions and update your knowledge on topics ranging from dermatology history, treatments for skin of color, rural dermatology, practice management tips, contact dermatitis, and other interesting topics. As a result of attending these activities, physicians will gain knowledge in helping patients to change their behavior to assist them in their treatment.

Emergency Medicine

The American College of Osteopathic Emergency Physicians (ACOEP) will cover emergency medicine in various settings, including the family medicine office, urgent care, and emergency departments. The information presented, developed by ACOEP, will be valuable to physicians in both community and academic settings. Though comprehensive in scope, the lecture format will be abbreviated presentations by speakers of various related and complementary specialties.



Family Medicine

The American College of Osteopathic Family Physicians (ACOFP) offers a diverse range of educational sessions covering innovative topics in Family Medicine. As Family Medicine plays a crucial role in healthcare, ACOFP ensures that its members are equipped with the latest knowledge and skills in the field. In collaboration with sister societies, ACOFP also provides interdisciplinary education, allowing healthcare professionals to learn from and collaborate with colleagues from different disciplines. With a focus on comprehensive and holistic healthcare, ACOFP is dedicated to advancing the practice of Family Medicine and promoting excellence in patient care.

Military

The Association of Military Osteopathic Physicians and Surgeons (AMOPS) has developed sessions that will introduce attendees to Military Medicine: on Land, Sea, and Air, as well as Military Medicine: Front Lines to Civilian Trauma Centers, to treating our VA patients! Sessions include aerospace medicine, medical support to the warfighter, integrating military medicine in the civilian world, burn care, TBI, FAST exams, treating our VA patients, and a demonstration of Osteopathic Manipulative Medicine's (OMM) use on the battlefield, shipboard, and flightlines. Both military physicians and civilian physicians will benefit from these sessions.

Neurology/Psychiatry

The American College of Osteopathic Neurologists and Psychiatrists (ACONP) educational sessions will cover a range of topics in the fields of Neurology and Psychiatry to include NMDA receptor encephalitis in children and adolescents, the use of muscle MRI in the diagnosis and treatment of myopathies, dizziness and vertigo with neuro-rehab options, neuromyelitis optica syndrome, chart etiquette, prolonged cardiac monitoring in search of atrial fibrillation, the role of guanfacine for adult ADHD, and much more.

Occupational and Preventive Medicine

The American Osteopathic College of Occupational and Preventive Medicine (AOCOPM) will address current occupational, environmental, and preventive medicine topics. Topics will be divided into three divisions: public health and general preventive medicine, occupational medicine, and aerospace medicine. Focus areas within these divisions include correctional medicine, undersea hyperbaric medicine, and disability impairment medicine.



Osteopathy

The American Academy of Osteopathy (AAO) will showcase distinguished faculty discussing the concepts of turning DISability to ability through the treatment of the extremities and beyond. Previous trauma can cause obvious deformity or restricted movement, especially within the extremities, but also that which is invisible, such as anxiety, depression, PTSD, and complex chronic pain. We will explore the hands-on treatment of these conditions in our workshops. Additionally, in our virtual sessions, we will explore the utilization of technology to help with osteopathic education and patient care. This engaging program will provide attendees with comprehensive and state-of-the-art information about how physicians can diagnose and treat these and other conditions in a comprehensive manner, including utilization of a wide variety of OMT approaches.

Pediatrics

The American College of Osteopathic Pediatricians (ACOP) plans to address current topics related to the care of children, including sessions on neonatal/perinatal medicine, pediatric weight management, pediatric infectious disease, autism, pediatric oncology/hematology, dermatology, and OMM/OMT. ACOP is also planning a joint session with the American Osteopathic Academy of Sports Medicine (AOASM).

Physical Medicine and Rehabilitation

The American Osteopathic College of Physical Medicine and Rehabilitation (AOCPMR) program will focus on optimizing physiatry and physical medicine and rehabilitation in today's healthcare environment. Educational session topics include interventional spine, sports medicine, electrodiagnosis, and OMT. The Innovations in Rehabilitation segment includes presentations on wearables and motion capture in rehabilitation, the role of physiatry in cellular therapy, and AI in documentation.

Prolotherapy Regenerative Medicine

The American Osteopathic Association of Prolotherapy Regenerative Medicine (AOAPRM) program starts with the basic skills required to perform a prolotherapy treatment. Platelet-rich plasma (PRP) is discussed as an advanced prolotherapy treatment for cases that are more complicated. The latest treatment modalities for the cervical, lumbar, and thoracic spine will be covered. Each day, the didactic sessions will conclude with practical clinical assessments.

Sports Medicine

The American Osteopathic Academy of Sports Medicine (AOASM) will present "Sports Medicine: A Pathway to Treating All Patients." The program includes sports medicine topics relevant to physicians in all specialties, highlighting the dual clinical missions of promoting exercise as medicine for all people and providing sports medicine care to all people. We will provide an in-depth review of common musculoskeletal conditions including diagnostic evaluation, management, and return-to-play considerations across pediatric, adolescent, adult, geriatric, and disabled athlete populations. The program will also explore new ideas in clinical practice, apply evidence-based research, and connect with diverse patients. All topics will highlight the osteopathic approach to evaluation and management. For additional information, contact the AOASM National Office at info@aoasm.org, or visit the AOASM website at www.aoasm.org.



The following specialties are offering virtual content for OMED25 On Demand, which will be available beginning at 12 p.m. on Sunday, September 28.

Anesthesiology

The American Osteopathic College of Anesthesiologists (AOCA) will address the medical skills necessary for anesthesia practice. Participants can align their practice goals to stay current with medical education and improve patient outcomes. Sessions will cover critical updates in the anesthesia sub-specialties including regional, cardiac, obstetrics, pediatrics, and pain management, as well as improving surgical outcomes for patients.

Hematology

The American Society of Hematology (ASH) will provide robust, current educational content, including understanding chronic leukemias, CAR T-cell therapy, sickle cell disease, abnormal newborn screens, overview of peripheral blood and bone marrow assessment, easy bleeding and bruising, palliative care approaches, diagnosing and managing acute thrombocytopenia, CLL, cell therapy, common CBC abnormalities, the pathway to cure multiple myeloma, and pediatric sickle cell care for the general physician. This wide range of current, high-interest topics for all osteopathic physicians and medical students will help inform clinical practices, increase awareness, and educate patients.

Internal Medicine

The American College of Osteopathic Internists (ACOI) will have sessions on cardiology, palliative care, geriatric medicine, pulmonary medicine, endocrinology, infectious disease, nephrology, allergy medicine, oncology, rheumatology, artificial intelligence (AI) in medicine, and gastroenterology. Educational sessions will include updating physicians on new inflammatory disease medications, learning how to treat patients without a GLP-1 prescription, discussing how to deal with difficult end-of-life nutrition issues, introducing AI tools and future applications for physicians, and more. ACOI is very excited to be able to provide virtual internal medicine CME during OMED25!

Obstetrics/Gynecology

The American College of Osteopathic Obstetricians and Gynecologists (ACOOG) will address common and uncommon health issues unique to women and physicians from multiple specialties that provide women's healthcare. Participants will gain a comprehensive insight into relevant medical problems and a fundamental approach to addressing and improving common health concerns.



Orthopedics

The American Osteopathic Academy of Orthopedics (AOAO) will address musculoskeletal issues commonly encountered by primary care physicians, general surgeons, and orthopedic surgeons. In addition, educational sessions will cover topics such as pediatric orthopedics, women's health, sports medicine, and common foot and ankle conditions.

Pathology

The American Osteopathic College of Pathologists (AOCP) is proud to provide educational courses to the virtual OMED25 platform. All AOCP CME activities are planned by a committee comprised of AOA Board-Certified Osteopathic Pathologists. The AOCP will provide a diversified CME program focusing on the art and science of Pathology. Information will be presented through lectures. Join the AOCP sessions and update your knowledge on topics ranging from pearls in pathology, updates in appendiceal pathology, laboratory utilization, vulvar dermatosis, and many more. As a result of attending these activities, physicians will gain a better knowledge of pathology in many forms.

Radiology

The American Osteopathic College of Radiology (AOCR) will provide educational content across high-interest topics of interest to the general radiologist. In addition, this program will facilitate interdisciplinary collaboration with other medical specialties.

Surgery

Coming soon!

OMED25 On Demand is available September 28 through December 31. In-person attendees receive complimentary access to OMED25 On Demand.

Can't attend in person? Be sure to register for OMED25 On Demand to earn up to 50 hours of CME.

>>> AOA Track Descriptions



Resident Track

Friday, September 26

The AOA will offer dedicated programming for residents, focused on topics relevant to this stage of their careers. Sessions will reflect on life beyond clinical and academic work, with opportunities to connect with peers and leaders in the osteopathic community. Content is designed to help learners balance the demands of training while preparing for a smooth transition out of residency and into the next phase of their careers. Residents are also encouraged to attend select sessions from the New Physician Track, taking place on Saturday, September 27, covering essential "business of medicine" topics such as contract negotiation, board certification, billing and coding, and employment models.

New Physician in Practice Track

Saturday, September 27

The AOA and the Bureau of Emerging Leaders present an educational track offering practical guidance for early-career physicians transitioning out of training and into practice. Designed specifically for new physicians, the track includes sessions covering essential business of medicine topics such as billing and coding, contract negotiation, board certification, and employment models.

The track highlights the value of mentorship and ways to get involved in leadership and advocacy. First-time new physician in practice attendees who register using the designated New Physician Track code will be matched with a mentor for the day, beginning with a breakfast meet-and-greet and concluding with roundtable discussions to encourage meaningful connection and ongoing professional growth. Attendees will leave with actionable insights, valuable connections, and greater confidence to navigate the early stages of their career. New Physician Track sessions are open to all registered attendees of OMED.

Student Track

Saturday, September 27, and Sunday, September 28

All osteopathic medical students are encouraged to attend the OMED25 Student Track kicking off on Saturday, September 27. The content for this track, which has been carefully curated by the Student Osteopathic Medical Association (SOMA), will focus on supplementing the knowledge provided by the Colleges of Osteopathic Medicine and aims to enhance opportunities for osteopathic medical students to match into their residencies of choice. New this year – we are hosting a Residency Fair on Saturday morning leading into the always popular Specialty Mentor Café. All osteopathic medical students are welcome!

OMED25 AOA Poster Session and Student Poster Competition

The AOA Bureau of Osteopathic Research and Public Health holds its Research Poster Session and Student Poster Competition annually during OMED. The Research Poster Session allows investigators to disseminate their research to a broader osteopathic audience. After a competitive Call for Research Abstracts, abstracts are selected for presentation in poster format. Students whose research projects are selected can elect to participate in the Student Poster Competition. During this competition, student researchers present their research projects to teams of judges in a live, virtual format. Cash prizes are awarded to the nine top-scoring presenters. Accepted abstracts are published in The Journal of Osteopathic Medicine.

>>> American Osteopathic Academy of Addiction Medicine (AOAAM)



Day	Time	Room	Title	Speaker	CME Credit
9/25/25	11 a.m12 p.m.		Infectious Complications of Substance Use: Endemic Epidemics and Syndemics	Hunter Spencer, DO	
	12-1 p.m.		Buprenorphine 20 Years After Approval – The Efficacy and Safety	Stephen Wyatt, DO	
	1-2 p.m.		MATTERS: A Bold New Model Revolutionizing Harm Reduction and Treatment Access for SUD	Joshua Lynch, DO	
	2-3 p.m.		A Day in the Life	Jan Widerman, DO	
	3-4 p.m.		Artificial Intelligence (AI) and Addiction Medicine – Promises and Perils	R. Gregory Lande, DO Amy Miles, DO	
	4-5 p.m.		Substance Use Disorders in the Neurodiverse Population	Anthony Dekker, DO	
9/26/25	10-11 a.m.		Bridging the Science of SUD/MH – Neurocognitive Assessment and Neurorestorative Care	Barbara Krantz, DO	
	11 a.m12 p.m.		A Comprehensive Approach to Behavioral Assessments	Jason Kirby, DO	
	1:30-2:30 p.m.		Treatment of Healthcare Professionals: "Healing the Healers"	Michael McCormick, DO	
	2:30-3:30 p.m.		From Depression to Dementia: The Ever-Expanding Applications of Transcranial Magnetic Stimulation (TMS)	Antonello Bonci, MD	
	3:30-4:30 p.m.		Use of GLP-1 RA in Treatment of SUD	Steven Klein, MD, PhD	
9/27/25	9-10 a.m.		Addressing Hepatic Co-Morbidity in Concert With SUD Treatment	Ray Bobb, DO	
	10-11 a.m.		Substance Use Disorder Treatment in the LGBTQ+ Population: Building Affirming and Effective Care Models	Steven Klein, MD, PhD	
	11 a.m12 p.m.		Overview and Treatment of Substance Use Disorders in the OB Population	Juan Franco, DO	
	1:30-3 p.m.		Doc, Can I Get a Brain Transplant? A Bio-Psycho-Social-Spiritual Overview of Addiction and Cutting- Edge Neuromodulation Research	James Berry, DO	
	3-4 p.m.		AA	Adam Scioli, DO	

American Osteopathic College of Allergy and Immunology (AOCAI)



More information coming soon.

Day	Time	Room	Title	Speaker	CME Credit

>>> American Osteopathic College of Dermatology (AOCD)



Day	Time	Room	Title	Speaker	CME Credit
9/27/25	9-10 a.m.		Allergic Contact Dermatitis to Hair Products	Peter Saitta, DO, FAOCD	
	10-11 a.m.		Rash to Referral: When to Send to Pediatric Dermatology	Shane Swink, DO, FAOCD	
	11 a.m12 p.m.		Dermatologic Considerations in Rural Dermatology	David W. Cleaver, DO, FAOCD	
	1:30-2:30 p.m.		Treatments for Skin of Color	Lacey Walls, DO, FAOCD	
	2:30-3:30 p.m.		Osteopathic History in Dermatology	Jason Haxton, MA, DO (Hon.)	
9/28/25	9-10 a.m.		Skin Deep: When to Refer Chronic Inflammatory Skin Disease Patients to the Dermatologist	Francisca Kartono, DO, FAOCD	
	10-11 a.m.		Coming Soon!	Kristi B. Hawley, DO	
	11 a.m12 p.m.		Don't-Miss Dermatology	Jerome Obed, DO, FAOCD	

>>> American College of Osteopathic Emergency Physicians (ACOEP)



Day	Time	Room	Title	Speaker	CME Credit
9/25/25	11-11:30 a.m.		When the Pump is Broken – Cardiogenic Shock in the ED	Drew Kalnow, DO	
	11:30 a.m12 p.m.		Just Breathe	John Casey, DO, MA, FACOEP-D, FACEP	
	1-2 p.m.		EM Over Easy Live Show	Tanner Gronowski Drew Kalnow, DO Andy Little, DO John Casey, DO, MA, FACOEP-D, FACEP	
	2-2:30 p.m.		Procedure Tips and Tricks I	Jess Mason, MD	
	2:30-3 p.m.		Cases from the Bouncebacks! Files: A Medical and Legal Orthopedic Odyssey	Mike Weinstock, MD	
	3-3:30 p.m.		Procedure Tips and Tricks II	Jess Mason, MD	
	3:30-4 p.m.		Beyond the Usual: New Tools and Treatments in Acute Neurologic Care	Karen Greenberg, DO	
	4-4:30 p.m.		Cases from the Bouncebacks! Files: A Medical and Legal Cardiology Odyssey	Mike Weinstock, MD	
	4:30-5 p.m.		Beyond the Golden Hour: Stroke Care in 2025	Karen Greenberg, DO	
	5-5:30 p.m.		Cases from the Bouncebacks! Files: A Medical and Legal Infectious Odyssey	Mike Weinstock, MD	

>>> American College of Osteopathic Emergency Physicians (ACOEP)



Day	Time	Room	Title	Speaker	CME Credit
9/26/25	10-10:30 a.m.		Obesity and the ABCDEs of Emergency Care	Mary McLean, MD	
	10:30-11 a.m.		EM Updates: Part I	Andy Little, DO	
	11-11:30 a.m.		DKA in 2025	Chris Colbert, DO	
	11:30 a.m12 p.m.		EM Updates: Part II	Andy Little, DO	
	12-12:30 p.m.		Women's Health, History, and Society: The Pelvic Exam and Why We're Not Doing It	Mary McLean, MD	
	1:30-2 p.m.		Agitation and Bias: Reframing Hyperactive Delirium as a Medical Emergency	Shayne Gue, MD, MSMEd	
	2-2:30 p.m.		Thyroid Crisis in the ED	Chris Colbert, DO	
	2:30-3 p.m.		Pelvic Exam 2025: Lesser-Known High-Yield Tips and Tricks	Mary McLean, MD	
	3-3:30 p.m.		Measles in 2025	Chris Colbert, DO	
	3:30-4 p.m.		Chemical Takedowns: Pharmacologic Strategies for the Acute Agitated Patient	Shayne Gue, MD, MSMEd	
	4-4:30 p.m.		The Crashing Asthmatic	Andy Little, DO	
	4:30-5 p.m.		Weight Loss and Woes: GLP-1 Receptor Agonists and Their Emergency Complications	Shayne Gue, MD, MSMEd	

>>> American College of Osteopathic Family Physicians (ACOFP)



Day	Time	Room	Title	Speaker	CME Credit
9/25/25	11:45 a.m 12:30 p.m.		Ethics Cases in Psychiatry	Coming Soon!	
	1-2 p.m.		Al in Healthcare	Milan Toma, PhD, SMIEEE	
	2-3 p.m.		The Future DO: Mastering Digital Health While Advancing Osteopathic Principles and Practices	Sarah Wolff, DO	
	3-4 p.m.		Non-Verbal Communication for Diagnostic Excellence	Jeffrey Newswanger, DO	
	4-5 p.m.		Healing the Healers: Evidence- Based Stress Management for Osteopathic Physicians	David Park, DO, FACOFP (dist.)	
9/26/25	10-11 a.m.		Coming Soon!	Coming Soon!	
	11 a.m12 p.m.		Pneumococcal Vaccine Update	Coming Soon!	
	12-12:30 p.m.		Diagnostic Imaging for Muscle Injury	Warren Bodine, DO, FAOASM	
	1:30-2:30 p.m.		Coming Soon!	Coming Soon!	
	2:30-4:30 p.m.		Complex Cases in Chronic Pain Management	Robert Agnello, DO, MHPE, FACOFP, FAAFP	
	4:30-5:30 p.m.		Proper Diagnostic Evaluation of ADHD in Children and Adolescents	Ranelle Bracy-Lewis	

>>> American College of Osteopathic Family Physicians (ACOFP)



Day	Time	Room	Title	Speaker	CME Credit
9/27/25	9-10 a.m.		What's New With Adult Vaccine Recommendations	Stanley Grogg, DO	
	10-11 a.m.		Current Health Policy Changes and How They Affect Our Patients and Our Practice	Jacqueline Watson, DO, MBA	
	11 a.m12 p.m.		Medical Evaluation of Patients With Obesity and Their Management	Isabela Romao, MD	
	11:45 a.m 12:30 p.m.		Supporting Autistic Children and Their Families in Primary Care	Coming Soon!	
	1:30-2:30 p.m.		Role of Energy Balance in Athletic Health and Performance	Priscilla Tu, DO, FAOASM	
	2:30-3:30 p.m.		Managing Shoulder Pain in the Athlete	Stephen Henry, DO, MS	
	3:30-4 p.m.		Coming Soon!	Coming Soon!	
9/28/25	9-11 a.m.		The Use of Osteopathic Manual Medicine for Persons With Disabilities	Ava Stanczak, DO	
	11 a.m12 p.m.		Coming Soon!	Coming Soon!	

Association of Military Osteopathic Physicians and Surgeons (AMOPS)



More information coming soon.

Day	Time	Room	Title	Speaker	CME Credit

>>> American College Of Osteopathic Neurologists and Psychiatrists (ACONP)



More information coming soon.

Day	Time	Room	Title	Speaker	CME Credit



>>> American Osteopathic College of Occupational and Preventive **Medicine (AOCOPM)**



Day	Time	Room	Title	Speaker	CME Credit
9/26/25	10-11 a.m.		Experience as Both Physician and Astronaut	Serena Auñón- Chancellor, MD, MPH	
	11 a.m12:30 p.m.		TBIs and ADA	Philip Eskew, DO, JD, FAOCOPM	
	1:30-2:20 p.m.		Cyanide Exposure and Treatment	Stanley Miller, DO	
	2:20-3:10 p.m.		How the FAA Makes Decisions on Whether a Medicine Gets Approved or Not at the FAA	Vinh "Vickie" Kieu, PharmD	
	3:10-4:10 p.m.		You're the Flight Surgeon	Ronak Shah, DO, MBA, MPH	
	4:10-5 p.m.		How Peptides Are Changing Healthcare	Jenny Pfleghaar, DO	
9/27/25	9-9:45 a.m.		Occupational Pulmonary Pathophysiology Refresher With Case Presentations	Stella Hines, MD	
	9:45-10:45 a.m.		Lifestyle Medicine	Regan Stiegmann, DO, MPH, FACLM	
	10:45-11:30 a.m.		Implications of New ATS PFT Standards: Workforce and Societal Impacts	Stella Hines, MD	
	11:30 a.m 12:30 p.m.		Gambling Disorder and the Law	Stacey Ann Tovino, PhD, JD	
	1:30-2:30 p.m.		Psychedelic-Assisted Therapy	Brian Pinkston, MD	
	2:30-3 p.m.		Research-Based Options for Mental Therapy – Both Pharmaceutical and Nonpharmaceutical	Cheryl Lowry, MD	
	3-4 p.m.		Disaster Medicine and MEDEVAC	Elizabeth Johnson- Bailey, PA	
9/28/25	9-10 a.m.		Immigration Physicals	Gregory Schwaid, DO, MPH, FAOCOPM	
	10-11 a.m.		Cardiology in Occupational Settings	Eddie Davenport, MD	
	11 a.m12 p.m.		Pre-Travel Consultation and Travel- Related Vaccinations	Heather Williamson, DO	





Day	Time	Room	Title	Speaker	CME Credit
9/25/25	11 a.m12 p.m.		OMT Augmentation of COVID-19 mRNA Vaccination	Brian Loveless, DO	
	1-5 p.m.		Auricular Acupuncture: Drug Free Approach to Pain, Anxiety, PTSD, and More	Paul Langevin, DO	
9/26/25	10-11 a.m.		Management of Refractory Tendonitis Injuries	John Morasso, DO	
	11 a.m12:30 p.m.		Blending Palpation/Intro Sequencing UE/LE Humunculus	Edward Stiles, DO, FAAO (dist.)	
	1:30-2:30 p.m.		Lower Extremity Regional Screen: Sequencing by Area of Greatest Restriction	Yvonne Yang, DO	
	2:30-3:30 p.m.		LE Techniques: Chopart's Joint/ Foot, Direct Ankle/Foot	Charlie Beck, DO, FAAO	
	3:30-4:30 p.m.		LE Indirect Techniques: Tib/Fib/LE	William Powell, DO	
	4:30-5:30 p.m.		Ribcage Mechanics and Its Significance to Somatic Dysfunctions	Jennifer Kingery, DO	
9/27/25	9-10 a.m.		UE Screen	Josh Dalton, DO	
	10-11:30 a.m.		UE Treatment Techniques – Integration/Function	Derek Jones, DO	
	11:30 a.m 12:30 p.m.		AAO Northup Lecture	Sheldon Yao, DO, FAAO	
	1:30-3 p.m.		Pelvis/Sacrum Seated Techniques	Paula Archer, DO	
	3-4 p.m.		FDM for Neck/Shoulder Issues	Angela Lim, DO	
9/28/25	9-11 a.m.		The Use of Osteopathic Manual Medicine for Persons With Disabilities	Ava Stanczak, DO	
	11 a.m12 p.m.		Bringing Awareness to Breast Implant Illness – Signs and Symptoms	Amber Gruber, DO	

>>> American College of Osteopathic Pediatricians (ACOP)



Day	Time	Room	Title	Speaker	CME Credit
9/25/25	1-1:30 p.m.		Still Technique	Leslie Ching, DO	
	1:30-2:30 p.m.		Still Technique Lab	Leslie Ching, DO	
	2:30-3 p.m.		OMT for Performance Medicine	Sajid Surve, DO	
	3-4 p.m.		OMT for Performance Medicine Lab	Sajid Surve, DO	
	4-5 p.m.		OMM Aftercare and Stretching	David M. King, DO, FACOP	
9/26/25	10-11 a.m.		Measles	Michael J. Bozzella, DO, MS	
	11-11:45 a.m.		Emerging ID Threats (or Visual ID)	Michael J. Bozzella, DO, MS	
	11:45 a.m 12:30 p.m.		Tuberculosis	Timothy R. Sterling, MD	
	2-3 p.m.		Dysphagia and EOE	Gabriele Meyer, DO	
	3-4 p.m.		Fatty Liver Disease	Gabriele Meyer, DO	
	4-5 p.m.		Weight Management – GLP1	Tyree M.S. Winters, DO, FACOP, FAAP	

>>> American College of Osteopathic Pediatricians (ACOP)



Day	Time	Room	Title	Speaker	CME Credit
9/27/25	9-10 a.m.		Bronchopulmonary Dysplasia (BPD) – Back to the Basics	Kathryn Berlin, DO	
	10-10:45 a.m.		QI in BPD	Kathryn Berlin, DO	
	10:45-11:45 a.m.		Autism Evaluations in Primary Care (Questions)	Brittany Perry, DO	
	11:45 a.m 12:30 p.m.		Supporting Autistic Children and Their Families in Primary Care	Brittany Perry, DO	
	1:30-2:15 p.m.		Chemotherapy vs Immunotherapy	Kaille Meguiar, DO	
	2:15-3 p.m.		Anemia 101	Kaille Meguiar, DO	
	3-4 p.m.		Caring for Pediatric Cancer Survivors	Debra L. Friedman, MD, MS	
9/28/25	9-9:45 a.m.		Hemangiomas / Keratosis Pilaris	Aleta Simmons, MD	
	9:45-10:30 a.m.		Cystic Acne	Aleta Simmons, MD	
	10:30-11 a.m.		Autism Spectrum Disorder in the Pediatric Athlete	Warren A. Bodine, DO, CAQSM, FAOASM, FAMSSM, FAAFP	
	11 a.m12 p.m.		OMT for the Pediatric Athlete	Kate E. Quinn, DO, FAOASM	

>>> American Osteopathic College Of Physical Medicine and Rehabilitation (AOCPMR)



Day	Time	Room	Title	Speaker	CME Credit
9/26/25	10-10:50 a.m.		Use of Wearables and Motion Capture in Rehabilitation	Justin Huber, MD	
	10:50-11:40 a.m.		A New Era of Cell and Gene Therapy Within PM&R	Shannon Strader, DO	
	11:40 a.m 12:30 p.m.		Artificial Intelligence in the Clinical Setting: Practical Applications and the Path Forward	Alethea Appavu, DO	
	1:30-2:30 p.m.		Functional Medicine in Spine Health	John Lavelle, DO	
	2:30-5:30 p.m.		Coming Soon!	Coming Soon!	
9/27/25	10-10:50 a.m.		Minimizing Risk and Promoting Health and Safety in Youth Sport	Alex Diamond, DO	
	10:50-11:40 a.m.		Concussion Biomarkers in 2025: Where Are We Now in Research and Clinical Application?	Dwan Perry, DO	
	11:40 a.m 12:30 p.m.		Neuroplastic Pain	Carrie Beall, DO	
	1:30-2:30 p.m.		Electrodiagnosis	Coming Soon!	
	2:30-4 p.m.		Intersection Between EDX and US	Cecil Hollen	
9/28/25	9-11 a.m.		The Use of Osteopathic Manual Medicine for Persons With Disabilities	Ava Stanczak, DO	
	11 a.m12 p.m.		Bringing Awareness to Breast Implant Illness – Signs and Symptoms	Amber Gruber, DO	

>>> American Osteopathic Association of Prolotherapy Regenerative Medicine (AOAPRM)



Day	Time	Room	Title	Speaker	CME Credit
9/26/25	9:30-10:30 a.m.		Introduction to Prolotherapy	Arden Andersen, DO	
	11 a.m12 p.m.		Approach to the Knee from a Regenerative Perspective	Donna Alderman, DO	
	2-3 p.m.		Prolotherapy Treatment for the Shoulder	Brian Browning, DO	
9/27/25	9:30-10:30 a.m.		Prolotherapy for the Lumbar Spine	Sean Goddard, DO	
	11 a.m12 p.m.		Prolotherapy for the C-Spine and T-Spine	Walter Grote, DO	
	2-3 p.m.		Neural Therapy	Gerald Harris, DO	

>>> American Osteopathic Academy of Sports Medicine (AOASM)



Day	Time	Room	Title	Speaker	CME Credit
9/26/25	10-11 a.m.		Management of Refractory Tendonitis Injuries	John Morasso, DO	
	11:15-11:45 a.m.		In-Season Treatment for Tendinopathy	Rob Franks, DO, FAOASM	
	12-12:30 p.m.		Diagnostic Imaging for Muscle Injury	Warren A. Bodine, DO, CAQSM, FAOASM, FAMSSM, FAAFP	
	1:30-2:30 p.m.		Utilizing Wearable Technology in Clinical Practice	Anne Marie Zeller, DO	
	2:30-3:30 p.m.		Role of Screening in Athletes	Stacey Dault, DO	
	3:30-5 p.m.		DEI in Sports Medicine (Panel Discussion)	Bradley Goldstein, DO	
9/27/25	9-10 a.m.		Sideline Preparedness – Recreational to Elite Athletes	Rance McClain, DO, FAOASM	
	10-10:50 a.m.		Minimizing Risk and Promoting Health and Safety in Youth Sport	Alex Diamond, DO	
	10:50-11:40 a.m.		Concussion Biomarkers in 2025: Where Are We Now in Research and Clinical Application?	Dwan Perry, DO	
	11:40 a.m 12:30 p.m.		Neuroplastic Pain	Carrie Beall, DO	
	1:30-2:30 p.m.		Role of Energy Balance in Athletic Health and Performance	Priscilla Tu, DO, FAOASM	
	2:30-3:30 p.m.		Managing Shoulder Pain in the Athlete	Stephen Henry, DO, MS	
	3-4 p.m.		FDM for Neck/Shoulder Issues	Angela Lim, DO	
9/28/25	9-11 a.m.		The Use of Osteopathic Manual Medicine for Persons With Disabilities	Ava Stanczak, DO	
	10:30-11 a.m.		Autism Spectrum Disorder in the Pediatric Athlete	Warren A. Bodine, DO, CAQSM, FAOASM, FAMSSM, FAAFP	
	11 a.m12 p.m.		OMT for the Pediatric Athlete	Kate E. Quinn, DO, FAOASM	

>>> New Physician In Practice Track



More information coming soon.

Day	Time	Room	Title	Speaker	CME Credit





More information coming soon.

Day	Time	Room	Title	Speaker	CME Credit





More information coming soon.

Day	Time	Room	Title	Speaker	CME Credit





CGA-Brain Health Monitoring Report: Adapting Primary Care Practice and Workflows to Meet the Needs of an Aging Population Friday, September 26 | 6-7:30 a.m. CT

This symposium is supported by a medical education grant from Lilly USA, LLC.







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Friday, September 26 – 9:30 a.m.-3 p.m. Saturday, September 27 – 8 a.m.-2 p.m.

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