







# OMED<sup>2</sup>1

Oct. 22-24 | Virtual Conference

**#DOProud** - Experience the Distinction

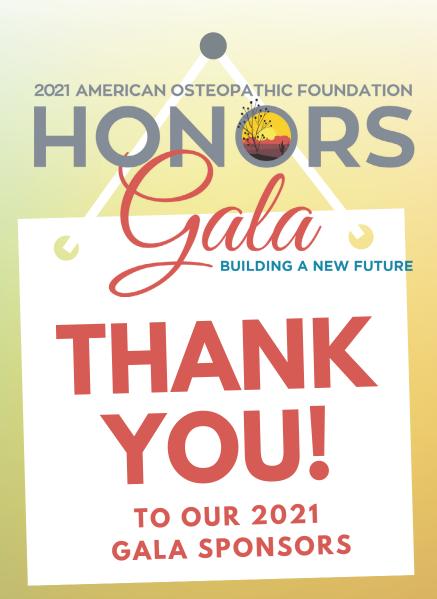
**DIGITAL PROGRAM** 

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# OMED<sup>®</sup>21

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VIEW THE VIRTUAL GALA ONLINE AT WWW.AOFHONORSGALA.ORG FRIDAY, OCTOBER 22 AT 7PM CENTRAL TIME

### INVITATION

## Register Today! Come together to experience the distinctiveness of osteopathic education!

While we are unable to connect in Arizona this year, don't miss this opportunity to start your virtual CME journey at OMED 2021.

OMED is an osteopathic tradition that showcases osteopathic medicine as part of today's healthcare challenges. Virtually connect with your colleagues by participating in various activities, special sessions and events conducted by AOA and other leading osteopathic associations. Whether you are a seasoned professional, a new physician in practice or an osteopathic student or resident, OMED has something for everyone.



Several special and collaborative sessions are planned for OMED 2021. Follow the links in this digital program to check out the OMED 2021 **schedule**. Here you can also link to all your registration needs. Also, be sure to check back since the digital program is continually updated as more activities are added and confirmed.

As a member of the osteopathic profession, don't miss this opportunity to participate in engaging learning experiences presented by thought-provoking speakers. This convenient virtual CME opportunity will help you keep pace with your specialty and the rapidly changing healthcare environment.

Hope to connect with you soon!

Shannon C. Scott, DO, FACOFP OMED 2021 Program Chair

**REGISTER NOW!** 



## **Restore Your Passion for Healing**

#### **Experience Unique CME/CE Courses**

- Reversing Type 2 Diabetes and Insulin Resistance with Lifestyle Medicine
- Physician and Health Professional Well-Being
- Food As Medicine (NEW COURSE SERIES)





Lifestyle medicine is the use of evidence-based lifestyle therapeutic intervention—including a whole-food, plant-predominant eating pattern, regular physical activity, restorative sleep, stress management, avoidance of risky substances, and positive social connection—as a primary modality, delivered by clinicians trained and certified in this specialty, to prevent, treat, and often reverse chronic disease.

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ACROSS THE CONTINUUM



NBOME





COMLEX-USA LEVEL 1, 2-CE, 3 IN-SERVICE EXAMINATIONS

OSTEOPATHIC CONTINUOUS CERTIFICATION

www.NBOME.org

## CONTINUING MEDICAL EDUCATION (CME) INFORMATION

OMED21 is supported by independent educational grants from commercial interests. Complete information will be provided to participants prior to the activity. Conflict of Interest Disclosures for individuals in control of content will be provided prior to the start of the activity.

#### **Overall Education Objectives**

- Highlight the evidence on new, revised, and standard treatment approaches for a variety of medical conditions as they relate to physicians
- · Review revisions in clinical practice guidelines and evaluate clinical practice implications
- Describe updates in clinical decision tools for screening and differential diagnoses of diseases

#### **Designation**

The American Osteopathic Association (AOA) designates this program for a maximum of 30 AOA Category 1-A credits and 20 AOA Category 1-B credits and will report CME credits commensurate with the physician's participation in this program. The AOA designates this internet activity for 50 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Claim 2 AOA Category 2-B CME Credits by Viewing ePosters

Participants may claim up to two (2) credits of AOA Category 2-B CME by <u>viewing ePosters at this link</u>. To claim this credit and receive a certificate, the participant must complete and submit a separate attestation form to <u>gdillard@osteopathic.org</u>. The AOA will email a certificate that includes the number of AOA Category 2-B CME credits earned once the attestation form is received and hours verified.



The American Osteopathic Association (AOA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

#### **CME/Certificate of Attendance**

To claim your CME certificate or your certificate of attendance, you will need to complete an evaluation and CME credit hour attestation by December 31, 2021.

#### **Disclaimer**

The information in this educational activity is provided for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this CME activity are those of the authors/faculty. They do not represent an endorsement by the AOA. In no event will the AOA be liable for any decision made or action taken in reliance upon the information provided through this CME activity.



## CONTINUING MEDICAL EDUCATION (CME) INFORMATION

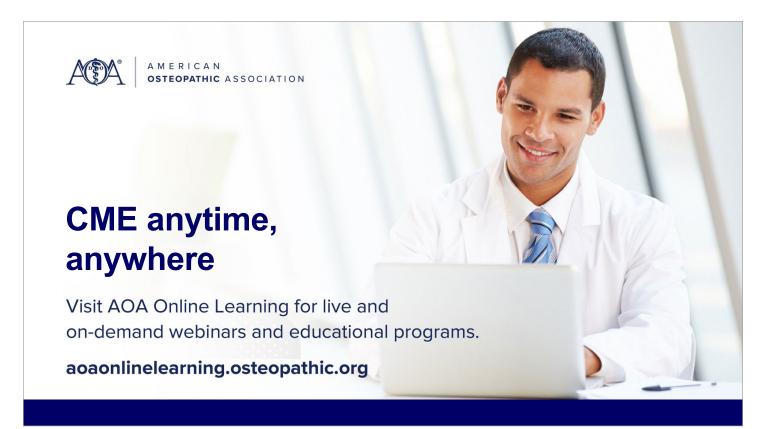
#### **Commercial Support**

This activity is supported by independent educational grants from commercial interests.

The symposia session "Optimal Influenza Care in the COVID-19 Era: Strategies for Osteopathic Physicians" is supported by an independent educational grant from Genentech, a member of the Roche Group, and provided by Paradigm Medical Communications, LLC.

The symposia session "Omega-3 and Cardiovascular Diseases: Where Do We Stand Today?" is supported by an independent educational grant from Amarin Pharma, Inc., and provided by Medtelligence.

The session "Influenza Prevention: Reaching the Underserved and Minority Populations" is supported by an independent educational grant from Sanofi Pasteur.



## PCOM EXTENDS OUR CONGRATULATIONS **TO OUR ALUMNUS**



JOSEPH GIAIMO, DO PCOM CLASS OF 1987

ON HIS RECENT APPOINTMENT AS PRESIDENT OF THE AMERICAN OSTEOPATHIC ASSOCIATION



Founded in 1899, Philadelphia College of Osteopathic Medicine is one of the nation's premiere osteopathic medical schools. PCOM has a robust research division that focuses on a myriad of disorders from neurodegenerative disease to cardiovascular disease to behavioral disorders.

FOR INFORMATION ABOUT OUR LOCATIONS AND ACADEMIC OFFERINGS, VISIT PCOM.EDU.









## OMED 2021 SCHEDULE OF EVENTS

OMED 2021 will bring together osteopathic physicians and the healthcare team for one event this October 22-24. Earn up to 30 hours of Category 1-A CME and 20 hours of Category 1-B.

Registration rates start at \$949. Take a look at the schedule of events to see what the virtual event has to offer!

#### **Thursday, October 21**

All times listed are Central Time

TIME	EVENT
3:00pm-6:00pm	Affiliate Leader Track
7:00pm-8:30pm	American Osteopathic Foundation LGBTQIA+ Health Equity and Inclusion
	Initiative Happy Hour and a Half. Because an hour just isn't enough.

#### Friday, October 22

TIME	EVENT	CREDIT HOURS
All Day	Osteopathic Wellness	
All Day	Virtual AAOA Fun Run	
6:30am-5:00pm	OMED Central	
	(Located in the Virtual Exhibit Hall)	
8:00am9:00am	Main Stage: General Session	
	featuring Mona Masood, DO, and	
	Keynote Headliner John Medina	
9:00am-3:00pm*	Virtual Exhibit Hall	
	*Exhibit hall available all day on demand	d
9:00am-9:30am	Virtual Exhibit Hall Engagement	
9:30am-12:30pm	CME (Didactic) Sessions	3
12:45pm-1:15pm	Lunch and Learn provided by Novartis	
1:00pm-4:00pm	Research Track (ePoster Presentations)	1
1:30pm-5:00pm	CME (Didactic) Sessions	3
7:00pm-8:30pm	American Osteopathic Foundation's	
	2021 Honors Gala	



## OMED 2021 SCHEDULE OF EVENTS

### Saturday, October 23

TIME	EVENT	CREDIT HOURS
All Day	Osteopathic Wellness	
All Day	Virtual AAOA Fun Run	
6:15am-7:45am	Symposium: Optimal Influenza	1.5
	Care in the COVID-19 Era:	
	Strategies for Osteopathic Physicians	
6:30am-5:00pm	OMED Central	
	(Located in the Virtual Exhibit Hall)	
8:00am-9:00am	Main Stage: General Session featuring	
	Meena Seshamani, MD, PhD and	
	Keynote Headliner Lisa Leslie along	
	with AOA Awards Recognition	
9:00am-3:00pm*	Virtual Exhibit Hall	
	*Exhibit hall available all day on demand	
9:00am-9:30am	Virtual Exhibit Hall Engagement	
9:30am-12:30pm	CME (Didactic) Sessions	3
9:30am-12:30pm	Diversity, Equity, and Inclusion Track	
9:30am-12:00pm	Resident Track	
9:30am-12:30pm	Student Track	
11:00am-2:00pm	Research Track (ePoster Presentations)	1
1:30pm-5:00pm	CME (Didactic) Sessions	3
1:30pm-5:00pm	Social Determinants of Health Track	
1:30pm-4:30pm	Resident Track	
1:30pm-4:30pm	Student Track	
7:30pm-8:30pm	OPAC Event	
	(open to all OPAC Club-Level Supporters	5)
8:00pm-9:00pm	SOMA Foundation Fall Awards Reception	n



## OMED 2021 SCHEDULE OF EVENTS

#### **Sunday, October 24**

All times listed are Central Time

TIME	EVENT	CREDIT HOURS
All Day	Osteopathic Wellness	
All Day	Virtual AAOA Fun Run	
6:30am-5:00pm	OMED Central	
	(Located in the Virtual Exhibit Hall)	
6:45am-7:45am	Symposium: Omega-3 and	1
	Cardiovascular Diseases:	
	Where Do We Stand Today?	
8:00am-12:30pm	CME (Didactic) Sessions	4
9:30am -12:30pm	Student Track	
12:30pm-1:30pm	Main Stage: General Session featuring	
	Keynote Headliner Simon T. Bailey and	
	Keynote Panel on DOs Supporting	
	Olympic Athletes	
1:30pm-5:00pm	CME (Didactic) Sessions	3
1:30pm-2:30pm	Student Track	

#### Monday, October 25 – Thursday, November 25

Access CME (Didactic) content and virtual exhibits through the virtual platform.



Access 200+ hours of virtual programming!

Register now





# MAKE A DIFFERENCE ON THE U.S. ARMY HEALTH CARE TEAM.





As a physician or surgeon on the U.S. Army or Army Reserve health care team, you'll create and implement treatments of osteopathic techniques to diagnose and treat Soldiers and their family members. You'll distinguish yourself as a leader in your specialty while working at one of our state-of-the-art facilities. And, if you choose the Army Reserve, you can continue to practice in your community and serve when needed. Whichever you choose, you will play an important role in the treatment and care of our nation's heroes.

To learn more about Army medicine opportunities, **visit us at** healthcare.goarmy.com/osteo2021.

This year's keynote lineup is informative, empowering and showcases the osteopathic profession. From the 'brain doctor', to a WNBA legend, to an empathetic and impactful leader, to osteopathic physicians supporting each other and athletes in the Olympics. These daily Main Stage sessions are not to be missed.

#### FRIDAY MAIN STAGE HIGHLIGHTS



#### **Keynote Headliner John Medina Friday, October 22 | 8:00am CT**

John Medina is a developmental molecular biologist at the University of Washington School of Medicine (Department of Bioengineering). His research interests focus on the genes behind brain development and psychiatric conditions. He was the Founding Director of the Talaris Research Institute, studying how infants encode and process information at the cognitive, cellular and molecular level.

Dr. Medina spent most of his professional life as an analytical research consultant, working primarily in the biotechnology and pharmaceutical industries on research related to mental health. Dr. Medina unlocks solutions and explains the fascinating inner-workings of the human brain with his trademark humor and enthusiasm. Dr. Medina (known as the 'brain doctor') will discuss attention and multi-tasking.



## Keynote – Featuring Mona Masood, DO Friday, October 22 | 8:00am CT

Mona Masood, DO, is a board certified general outpatient psychiatrist practicing in the greater Philadelphia area. She is a member of the Board of Directors of the Muslim Wellness Foundation, an American nonprofit mental health awareness and education organization. Dr. Masood often leads community mental health education events and is most recently the founder and chief organizer of the Physician Support Line - an anonymous and free peer-to-peer emotional support line run by over 800 volunteer psychiatrists to help physician colleagues with many intersections of their personal and professional lives. As founder of the Physician Support Line, Dr. Masood will discuss the creation of the support line, how and why it was constructed, who volunteers and the programs successes.



#### SATURDAY MAIN STAGE HIGHLIGHTS



#### Keynote Headliner Lisa Leslie Saturday, October 23 | 8:00am CT

Lisa Leslie is the most recognized player of both the WNBA and Team USA, who brought considerably more than a stunning visage and statuesque body to the court. Throughout her storied career, Ms. Leslie was the absolute most dominant player in the women's game.

Ms. Leslie carried the gold-winning Team USA in 1996, 2000, 2004, and 2008. With the 2008 gold medal, she became the first team sport athlete to win four consecutive Olympic Gold Medals. In 2001, Lisa was the first WNBA player to win the regular-season

MVP, the All-Star Game MVP, and the playoff MVP in the same season and is the first woman to slam-dunk in a professional game. Ms. Leslie was inducted into both the Naismith Memorial Basketball Hall of Fame and the Women's Basketball Hall of Fame, in 2015. Ms. Leslie authored her own book "Don't Let the Lipstick Fool You" in 2008, and in 2010 became the first WNBA player turned Co-Owner of the Los Angeles Sparks. In 2012, she both received her Masters in Business Administration from the University of Phoenix and launched the Lisa Leslie Basketball & Leadership Academy. Ms. Leslie will highlight her experience in being a dominate WNBA player to becoming a co-owner of a WNBA team to launching her leadership academy.



## Keynote – Featuring Meena Seshamani, MD, PhD Saturday, October 23 | 8:00am CT

Meena Seshamani, MD, PhD, is the Deputy Administrator and Director of Center for Medicare. Dr. Seshamani is an accomplished, strategic leader with a deep understanding of health economics and a heart-felt commitment to outstanding patient care. Her diverse background as a health care executive, health economist, physician and health policy expert has given her a unique perspective on how health policy impacts the real lives of patients.

Join us for the must-attend virtual CME event of the year

Oct. 22-24 | Virtual Conference

#DOProud - Experience the Distinction



Register now



#### AWARD RECOGNITIONS

#### Saturday, October 23 | 8:00am CT

The Saturday General Session will also feature the recognition of the AOA award recipients for the following awards:

#### **JOURNAL OF OSTEOPATHIC MEDICINE AWARDS**

#### Social Determinants of Health Research Award

Associations between stress, anxiety, depression, and emotional intelligence among osteopathic medical students

Authors: Nicole A. Doyle and Robert E. Davis, PhD

#### **Health Policy Research Award**

A survey on health professionals' understanding of federal protections regarding service dogs in clinical settings

Authors: Alexander Merk, DO and Todd Fredricks, DO

#### Clinical Research Award

Osteopathic manipulative treatment in individuals with vertigo and somatic dysfunction: a randomized, controlled, comparative feasibility study

Author: Marcel Fraix, DO

#### **Innovations Research Award**

Effects of Osteopathic Manipulative Treatment (OMT) and Bio-Electro-Magnetic-Energy-Regulation (BEMER) Therapy on Lower Back Pain

Authors: Kyle Auger, DO and Santiago Lorenzo, PhD

#### Quality Improvement in Education Research Award

The use of 3D printing for osteopathic medical education of rib disorders

Author: Kevin Moriles, MS

## Junior Faculty / Young Investigators Research Award

The flipped classroom: a novel approach to physical examination skills for osteopathic medical students

Authors: Sahar Amin Bhai, OMS III and Brian Poustinchian, DO



#### **DIVERSITY, EQUITY AND INCLUSION UNIFICATION AWARDS**

#### **Individual**



Jay S. Feldstein, DO

#### **Organization**



## OSTEOPATHIC MEDICINE

Oklahoma State University Center for Health Sciences College of Osteopathic Medicine

#### **OUTSTANDING AFFILIATE AWARDS**







#### **MENTOR OF THE YEAR AWARD**



Joanne Kaiser-Smith, DO, FACOI, FACP



#### SUNDAY MAIN STAGE HIGHLIGHTS



## Keynote Headliner Featuring Simon T. Bailey Sunday, October 24 | 12:30pm CT

Simon T. Bailey is the leader of the SPARK Movement whose purpose is to ignite sustainable transformation in people, individuals, systems, and nations. He has been named one of the top 25 people who will help you reach your business and life goals by SUCCESS magazine. Mr. Bailey will discuss leading with spark to create a culture where everyone matters.

#### **DOs Supporting Olympic Athletes – Representing the Osteopathic Profession**

The osteopathic profession was represented in the 2021 Tokyo Olympics by several DOs. Three physicians will share their experience in supporting world-class athletes representing the United States.

#### **Panelists:**



James M. Lally, DO
Chief Medical Officer
for the International
Shooting Sports Federation



**Alexandra Myers, DO** Team Physician for the USA Rugby Team



Naresh Rao, DO
Team Physician for the USA
Water Polo Men's Team



The can't miss virtual CME event of the year!







Essential truths about immunization

BROUGHT TO YOU BY SANOFI PASTEUR



90%

of consumers surveyed stated that the #1 reason they accept vaccination is because of the recommendation of their trusted healthcare provider.

## INTRODUCING IMMYOUNITYSM eLEARNING FOR HEALTHCARE PROVIDERS

Sanofi Pasteur is pleased to provide a new eLearning educational tool for Healthcare Providers. ImmYounity eLearning is designed to increase HCP confidence engaging in conversations about vaccines, enhancing trust with patients and improving vaccine acceptance. This training is designed for all roles in the healthcare community including physicians, PAs, NPs, nurses, medical assistants, office staff, pharmacists and pharmacy technicians.

This modern eLearning curriculum is available on any type of device — from smart phones, to tablets and computers. The education is personalized to the learner based on their role and experience.

#### THE IMPORTANCE OF TRUST

90% of consumers surveyed stated that the #1 reason they accept vaccination is because of the recommendation of their trusted healthcare provider. When patients have questions or concerns about vaccination, a healthy dialogue that develops trust is just as important as the facts. ImmYounity eLearning — grounded in evidence-based vaccine science — is designed to teach a communication process that facilitates effective conversations. Since the ImmYounity eLearning is available to all healthcare roles, it can be used to help align entire practice communities with the knowledge and skills to support timely vaccination.

#### VISIT VACCINES.COM



## AIMS - A TOOL FOR EFFECTIVE CONVERSATIONS

The educational modules leverage this communication method, called AIMS, developed by Dr. John Parrish-Sprowl, Professor of Communication Studies and Director of the Global Health Communication Center at Indiana University and Dr. Angus Thomson, Head, Vaccine Confidence and Coverage, Global Public Affairs at Sanofi Pasteur.

The AIMS methodology provides a model for effective conversations with patients and caregivers. **AIMS is an acronym for Announce, Inquire, Mirror and Secure Trust.** The AIMS methodology has previously been taught to Healthcare Professionals in live learning sessions, and it is now offered to the entire healthcare community through this eLearning program.

The educational modules include:

- Vaccines Work
- The Value of You
- AIMS Overview
- Flu Questions and Concerns
- AIMS for Flu
- Coming Soon Pediatric Questions and Concerns
- Coming Soon AIMS for Pediatrics
- More modules to come

The gamified modules can be completed over time and learners will earn badges for their completion of learning missions.

1. Rappuoli R. Vaccines: science, health, longevity, and wealth. Proc Natl Acad Sci U S A. 2014;111(34):12282



#### **VACCINES.COM**

can be shared as a helpful resource for patients and caregivers.

The site showcases the longterm impact of vaccination on preventable disease rates, how vaccines work, and vaccine safety reinforcing the recommended vaccine schedule in the United States.

## OMED 21 SPECIALTY COLLEGE PARTICIPATION



































## AMERICAN OSTEOPATHIC ACADEMY OF ADDICTION MEDICINE (AOAAM)



Day	Time	Title	Speaker	CME Credit
10/22/2021	9:30am-10:30am	Medications for Opioid Use Disorder (MOUD) in Incarcerated Populations	Jon Lepley, DO, FAOAAM	1
	10:30am-11:30am	Structure and Function of Drug Courts	William Morrone, DO, FAOAAM	1
	11:30am-12:30pm	JAD: Selected Publications and Interactive Quiz	R. Gregory Lande, DO, FAOAAM	1
	1:30pm-2:30pm	Substance Use Disorders in Health Care Professionals	John Tanner, DO, FAOAAM	1
	2:45pm-3:45pm	Psychedelic Therapy: A Review of Evidence- Based Treatment	Philip Creps, DO, FACN, FAPA	0.75
	4:00pm-5:00pm	Buprenorphine in Chronic Pain Management: Transforming One Life at a Time	Kathleen Farrell, DO	1
10/23/2021	9:30am-10:30am	Buprenorphine Micro-Induction Protocol: Evidence-Based Review	MJ Silva, DO, FAOAAM	1
	10:30am-11:30am	Kratom Use Disorder: Considerations in the Primary Care Setting	Curtis Bone, MD	0.75
	11:30am-12:30pm	Stimulant Use Disorder: An Overview of the Treatment Landscape	James Latronica, DO	1
	1:30pm-2:30pm	Practical Clinical Updates in Cannabis and Cannabis Derivatives: Hemp-Derived Cannabinoids, Delta 8, and Beyond	Veronica Ridpath, DO	1
	2:45pm-3:45pm	Body Fluid Toxicological Testing: Use and Limitations	Anthony H. Dekker, DO, FAOAAM, FACOFP	1
10/24/2021	8:00am-12:30pm	The Office-Based Treatment for Opioid Use Disorders - Waiver Eligibility Training Part 1	Stephen Wyatt, DO, FAOAAM & Jon Lepley, DO, FAOAAM	4

### **AMERICAN OSTEOPATHIC ACADEMY OF ADDICTION MEDICINE (AOAAM)**





Jon Lepley, DO, FAOAAM



William Morrone, DO, FAOAAM



R. Gregory Lande, DO, FAOAAM



John Tanner, DO, FAOAAM



Philip Creps, DO, FACN, FAPA



Kathleen Farrell, DO



MJ Silva, DO, FAOAAM



Curtis Bone, MD





James Latronica, DO Veronica Ridpath, DO



Anthony H. Dekker, DO, FAOAAM, **FACOFP** 



Stephen Wyatt, DO, FAOAAM

## AMERICAN COLLEGE OF OSTEOPATHIC FAMILY PHYSICIANS (ACOFP)



Day	Track	Time	Title	Speaker	CME Credit
10/22/2021	Track 1	9:30am-10:30am	AOA - BIOM: Telemedicine in the Time of COVID – Comparing the use of telemedicine in the US to other countries	Dr. E. Cuauhtemoc Sanchez, MD Christopher Beal, DO Insoo Jang, Director of International Medicine Jerry Draper-Rodi, D. Prof (Ost), PG Dip, PG Cert, DO Jacob Rowan, DO	1
	Track 1	10:30am-11:30am	Coughs, Colds and Congestion: Oh My!	Ron Russ, DO	1
	Track 2	10:30am-11:30am	When the Healthcare System is Overwhelmed: Building a Field Hospital in America	Tyler C. Cymet, DO, FACOFP	0.75
	Track 1	11:30am-12:30pm	Update on Men's Health Screening	Philip "Duke" Starr, DO, FACOFP	1
	Track 2	11:30am-12:30pm	Opioids, Substance Use , Misuse or Addiction	Anthony H. Dekker, DO, FAOAAM, FACOFP	1
	Track 1	1:30pm-2:30pm	Ethical Dilemmas at End of Life	Karen Nichols, DO	1
	Track 2	1:30pm-2:30pm	Covid 19 Pandemic: Lessons Learned & Ongoing Challenges	Joe Zachariah, DO	1
	Track 1	2:45pm-3:45pm	What's The Scoop Regarding New Osteoporosis Screening and Treatment Guidelines? Do We All Agree?	Shannon Scott, DO	0.75
	Track 2	2:45pm-3:45pm	Patient-Centered Care Communication	Melissa J. Bailey- Taylor, DO, MPH	1
	Track 1	4:00pm-5:00pm	CTCA Targeted Therapy & Immunotherapy in Hematology: It's Bloody Exciting	Robert Galamaga, DO, MS	1

## AMERICAN COLLEGE OF OSTEOPATHIC FAMILY PHYSICIANS (ACOFP)



Day	Track	Time	Title	Speaker	CME Credit
10/23/2021	Track 1	9:30am-10:30am	Lest We Forget: Update on Other Vaccines	Stanley E. Grogg, DO, FACOFP, FAAP	1
	Track 1	10:45am-11:30am	The Red Hot Joint - Considerations for Diagnosis and Management	Thomas Zimmerman, DO	0.75
	Track 1	11:30am-12:30pm	The World of Itch: Acute and Chronic Urticaria	Robert W. Hostoffer, MSMed, MBA, LhD, DO, FACOP, FACOI	0.75
	Track 1	1:30pm-2:30pm	Chronic Kidney Disease - Helpful Clinical Aspects	Henry L. Wehrum, DO	1
	Track 1	2:45pm-3:45pm	Building Confidence in COVID-19 Vaccines Among Your Patients: Tips for the Healthcare Team	Sandra Leal, PharmD, MPH, FAPhA, CDCES	1
	Track 1	4:00pm-5:00pm	Dodging Diagnostic Errors	David E. Garza, DO	1

## AMERICAN COLLEGE OF OSTEOPATHIC FAMILY PHYSICIANS (ACOFP)



Day	Track	Time	Title	Speaker	CME Credit
10/24/2021	Track 1	8:00am-9:00am	Mental Health Issues in a Family Practice Setting Post-COVID: The Role of the Physician	David A. Baron, DO, MSEd, DLFAPA, D.FACN, FRSM	1
	Track 2	8:00am-9:00am	Adolescent Sports Injuries	Patrick F. Leary, DO, FAOASM, FACSM, FACOFP	1
	Track 1	9:00am-10:30am	Pearls for Everyday Dermatology Problems	Dawn L. Sammons, DO	1
	Track 2	9:00am-10:30am	The Secret Dual Pandemic: COVID and Physician Mental Health — Addressing Clinician Personal Resilience, From Breakdowns to Breakthroughs	Miko Rose, DO	1.5
	Track 1	10:30am-12:30pm	Left Shoulder Pain, Exam and OMM Treatment	Samuel Coor, DO, FACN	2
	Track 2	10:30am-11:30am	Current Concussion Update from the Team Physician's Consensus Statement	R. Robert Franks, DO, FAOASM	1
	Track 1	11:30am-12:30pm	Overcoming Therapeutic Inertia Patient Empowerment in Action: Putting Barrier Busting into Practice	Eden E. Miller, DO, FOMA	1
	Track 1	1:30pm-2:30pm	What Do I Do With This Red Eye?!?!	Carrie Lembach, DO	1
	Track 2	1:30pm-2:30pm	Ultrasound: Using an Old Technology to Deliver Health Care for the Future	Blake Boggess, DO, FAOASM Albert Kozar, DO, FAOASM, R-MSK	1
	Track 2	2:30pm-3:30pm	Common Upper Extremity Injuries in Primary Care	Priscilla Tu, DO, FAOASM	1

### **AMERICAN COLLEGE OF OSTEOPATHIC FAMILY PHYSICIANS (ACOFP)**





Dr. E. Cuauhtemoc Sanchez, MD





Christopher Beal, DO Insoo Jang, Director of International Medicine



Jerry Draper-Rodi, D. Prof (Ost), PG Dip, PG Cert, DO



Jacob Rowan, DO



Ron Russ, DO



Tvler C. Cvmet. DO. FACOFP



Philip "Duke" Starr. DO, FACOFP



Anthony H. Dekker. DO, FAOAAM, FACOFP



Karen Nichols, DO



Joe Zachariah. DO



Shannon Scott. DO



Melissa J. Bailey-Taylor, DO, MPH



Robert Galamaga, DO, MS



Stanley E. Grogg, DO, FACOFP, FAAP



**Thomas** Zimmerman, DO



Robert W. Hostoffer, MSMed, MBA, LhD, DO, FACOP, FACOI



Henry L. Wehrum, DO



Sandra Leal, PharmD, MPH, FAPhA, CDCES



David E. Garza, DO



David A. Baron, DO, MSEd, DLFAPA, D.FACN, FRSM



Patrick F. Leary, DO, FAOASM, FACSM, FACOFP



Dawn L. Sammons, DO



Miko Rose, DO



Samuel Coor, DO, FACN



R. Robert Franks. DO, FAOASM



Eden E. Miller. DO, FOMA



Carrie Lembach, DO



Blake Boggess, DO, FAOASM



Albert Kozar, DO. FAOASM, R-MSK



Priscilla Tu, DO, **FAOASM** 

## AMERICAN COLLEGE OF OSTEOPATHIC NEUROLOGISTS & PSYCHIATRISTS (ACONP)



Day	Time	Title	Speaker	CME Credit
10/22/2021	9:30am-10:30am	Out of Control – Teen Substance Abuse	Charles Sophy, DO, FACN	0.5
	10:30am-11:30am	Memory Impairment-The Importance of Differential Diagnosis	Viet Le, DO	1
	11:30am-12:30pm	Mobile Stroke Unit Outcomes	Andrew Russman, DO, FAHA, FAAN	0.75
	11:30am-12:30pm	Opioids, Substance Use, Misuse or Addiction	Anthony Dekker, DO, FAOAAM, FACOFP	1
	1:30pm-2:30pm	Substance Use Disorders in Health Care Professionals	John Tanner, DO, FAOAAM	1
	1:30pm-2:30pm	Ethical Dilemmas at End of Life	Karen Nichols, DO	1
	2:45pm-3:45pm	Psychedelic Therapy: A Review of Evidence-Based Treatment	Philip Creps, DO, FACN, FAPA	0.75
	4:00pm-5:00pm	Buprenorphine in Chronic Pain Management: Transforming One Life at a Time	Kathleen Farrell, DO	1
10/23/2021	9:30am-10:30am	Emerging Therapies in Essential Tremor	Aaron Ellenbogen, DO, MPH, FACN	1
	10:30am-12:30pm	Chronic Inflammatory Demyelinating Polyneuropathy	David A. Simpson, DO, D. FACN, FAANEM	2
	1:30pm-2:30pm	Stroke Recovery: Rehabilitation, Recovery and Complications	Ryan Lynch, DO, MSEd, FACN	1
	2:30pm-3:30pm	Legal Forms in Daily Practice – Potential Consequences	Jennifer Hailey, DO	1
	3:30pm-4:30pm	Election – Zoom Meeting (must be ACONP active/dues paying for election participation)		

## AMERICAN COLLEGE OF OSTEOPATHIC NEUROLOGISTS & PSYCHIATRISTS (ACONP)



Day	Time	Title	Speaker	CME Credit
10/24/2021	8:00am-9:00am	Mental Health Issues in a Family Practice Setting Post-COVID: The Role of the Physician	David A. Baron, DO, MSEd, DLFAPA, D. FACN, FRSM	1
	8:00am-9:00am	Adolescent Sports Injuries	Patrick F. Leary, DO, FAOASM, FACSM, FACOFP	1
	9:00am-10:30am	The Secret Dual Pandemic: COVID and Physician Mental Health — Addressing Clinician Personal Resilience, From Breakdowns to Breakthroughs	Miko Rose, DO	1.5
	10:30am-11:30am	Current Concussion Update from the Team Physician's Consensus Statement	R. Robert Franks, DO FAOASM	1
	10:30am-12:30pm	Left Shoulder Pain, Exam and OMM Treatment	Samuel Coor, DO, FACN	2
	1:30pm-2:30pm	Ultrasound: Using an Old Technology to Deliver Health Care for the Future	Blake Boggess, DO, FAOASM Albert Kozar, DO, FAOASM, R-MSK	1
	2:30pm-3:30pm	Common Upper Extremity Injuries in Primary Care	Priscilla Tu, DO, FAOASM	1

## AMERICAN COLLEGE OF OSTEOPATHIC NEUROLOGISTS & PSYCHIATRISTS (ACONP)





Charles Sophy, DO, FACN



Viet Le, DO



Andrew Russman, DO, FAHA, FAAN



Anthony Dekker, DO, FAOAAM, FACOFP



John Tanner, DO, FAOAAM



Karen Nichols, DO



Philip Creps, DO, FACN. FAPA



Kathleen Farrell, DO



Aaron Ellenbogen, DO, MPH, FACN



David A. Simpson, DO, D. FACN, FAANEM



Ryan Lynch, DO, MSEd, FACN



Jennifer Hailey, DO



David A. Baron, DO., MSEd, DLFAPA, D.FACN, FRSM



Patrick F. Leary, DO, FAOASM, FACSM, FACOFP



Miko Rose, DO



R. Robert Franks, DO FAOASM



Samuel Coor, DO, FACN



Blake Boggess, DO, FAOASM



Albert Kozar, DO, FAOASM, R-MSK



Priscilla Tu, DO, FAOASM

## AMERICAN OSTEOPATHIC COLLEGE OF OCCUPATIONAL & PREVENTIVE MEDICINE (AOCOPM)



Day	Time	Title	Speaker	CME Credit
10/22/2021	9:30am-10:30am	Ethical Considerations in Occupational Medicine	Michael Wieting, DO, MEd	0.75
	10:30am-11:30am	Spirometry Update – 2021	Charles Werntz, III, DO, MPH, FAOCOPM	0.75
	11:30am-12:30pm	Spirometry Cases	Charles Werntz, III, DO, MPH, FAOCOPM	0.75
	1:30pm-2:30pm	Medical Emergencies on Commercial     Airline Flights	Daniel Berry, DO, FAOCOPM	0.75
		2. AOBPM Longitudinal Assessment		
	2:45pm-3:45pm	Occupational Medicine 101: Dangers of Dabbling	Naomi Wriston, DO, MS, FAOCOPM	0.75
	4:00pm-5:00pm	Disability Management and Fitness for Duty Evaluation – Better Together	Francesca Litow, MD, MPH, MRO, FACOEM	1
10/23/2021	9:30am-10:30am	Transgender Health is Public Health: Eliminating Disparities and Advancing Equity in Gender Diverse Communities	Vinny Chulani, MD, MSED, FAAP, FSAHM	1
	10:30am-11:30am	Sex Addicts Anonymous (SAA) Services and Outreach	BJ Martin and Phillip B	0.5
	11:30am-12:30pm	Population Health Impacts of Aging	Sandy Markwood, CEO, National Association of Area Agencies on Aging	0.75
	1:30pm-2:30pm	Electronic Cigarettes and Vaping	Howard Teitelbaum, DO, PhD, MPH, FAOCOPM	0.75
	2:45pm-3:45pm	Refugee Health	Rachel Lusk, MD	0.75
	4:00pm-5:00pm	COVID: 2021 Update	Rick Roth, MD	0.5
10/24/2021	8:00am-9:00am	COVID: Aviation Considerations	Rick Roth, MD	0.75
	9:15am-10:15am	Epidemiology of In-Flight Medical Events	Paulo Alves, MD, MSc, FAsMA	1
	10:30am-11:30am	Clinical Aspects of Civilian Spaceflight	Jan Stepanek, MD, MPH	0.75
	11:30am-12:30pm	Aeromedical Certification Update	Brett A. Wyrick, DO, MPH, FACOS	0.75
	1:30pm-2:30pm	Medicine at the Extremes	Cheryl Lowry, MD, MPH Brian Pinkston, MD, MPH	0.75
	2:45pm-3:45pm	FAA Policies for Common Neuro Conditions and Aerospace Certification	Joseph Sirven, MD	0.75
	4:00pm-5:00pm	TSA Medical Programs	Fabrice Czarnecki, MD, MA, MPH, FACOEM	1



### **AMERICAN OSTEOPATHIC COLLEGE OF OCCUPATIONAL & PREVENTIVE MEDICINE (AOCOPM)**





Michael Wieting, DO, MEd



Charles Werntz, III, DO, MPH, FAOCOPM



Daniel Berry, DO, FAOCOPM



Naomi Wriston, DO, MS, FAOCOP



Francesca Litow, MD, MPH, MRO, FACOEM MSED, FAAP, FSAHM



Vinny Chulani, MD,



Sandy Markwood, CEO, National Association of Area Agencies on Aging



Howard Teitelbaum, DO, PhD, MPH, **FAOCOPM** 



Rachel Lusk, MD



Rick Roth, MD



Paulo Alves. MD, MSc, FAsMA



Jan Stepanek, MD, MPH



Brett A. Wyrick, DO, MPH, FACOS



Cheryl Lowry, MD, MPH



Brian Pinkston, DO, MPH



Joseph Sirven, MD



Fabrice Czarnecki, MD, MA, MPH, FACOEM

## AMERICAN ACADEMY OF OSTEOPATHY (AAO)



Day	Time	Title	Speaker	CME Credit
10/22/2021	9:30am-11:00am	ABCs of Osteopathic Medicine	Nicole Peña, DO	1.5
	11:00am-12:00pm	ABCs of Pelvis OMT	Kimberly J. Wolf, DO	1.5
	1:30pm-3:00pm	ABCs of the Abdomen	Dana Christopher Anglund, DO	1
	3:30pm-5:00pm	ABCs of Respiration	Stacey L. Pierce-Talsma, DO, MS, FNAOME	1.25
10/23/2021	9:30am-11:00am	ABCs of FDM	Todd A. Capistrant, DO, MHA	1.5
	11:00am-12:30pm	Integrating Osteopathic Principles into Patient Care. An Approach for All Specialties	Karen T. Snider, DO, MS, FAAO, FNAOME	1.5
	1:30pm-3:00pm	ABCs of Regenerative Therapies	Donna Alderman, DO	1.25
	3:00pm-4:00pm	ABCs Functional Kyphosis - Posterior Thoracic Core: An Osteopathic Anatomic and Functional Approach	John Dougherty, DO, FAOASM	0.75
	4:00pm-5:00pm	ABCs of Core Stability in the Athlete	Kate Quinn, DO, FAOASM	1
10/24/2021	8:00am-9:30am	ABCs of Clinical Counterstrain	William H. Devine, DO	1.5
	9:00am-10:30am	The Secret Dual Pandemic: COVID and Physician Mental Health - Addressing Clinician Personal Resilience, From Breakdowns to Breakthroughs	Miko Rose, DO	1.5
	9:30am-11:00am	ABCs to Optimize Facial Growth and Airway	Tasha L. Turzo, DO	1.25
	10:30am-12:30pm	Left Shoulder Pain, Exam and OMM Treatment	Samuel Coor, DO, FACN	2
	11:00am-12:30pm	ABCs of Acupuncture	Robert N. Agnello, DO, FACOFP	1.5
	1:30pm-3:00pm	ABCs of Integrating OMM into Outpatient Primary Care	David C. Mason, DO, MBA, FACOFP	1
	3:00pm-4:00pm	ABCs of Autonomics	Greg Gayer, PhD	1
	4:00pm-5:30pm	ABCs of Biomechanics	Lisa Ann DeStefano, DO	0.75

## AMERICAN ACADEMY OF OSTEOPATHY (AAO)





Nicole Peña, DO



Kimberly J. Wolf, DO



Dana Christopher Anglund, DO



Stacey L. Pierce-Talsma, DO, MS, FNAOME



Todd A. Capistrant, DO, MHA



Karen T. Snider, DO, MS, FAAO, FNAOME



Donna Alderman, DO



John Dougherty, DO. FAOASM



Kate Quinn, DO, FAOASM



William H. Devine, DO



Tasha L. Turzo, DO



Samuel Coor, DO, FACN



Robert N. Agnello, DO, FACOFP



David C. Mason, DO, MBA, FACOFP



Greg Gayer, PhD



Lisa Ann DeStefano, DO

## AMERICAN OSTEOPATHIC COLLEGE OF PHYSICAL MEDICINE & REHABILITATION (AOCPMR)



Day	Time	Title	Speaker	CME Credit
10/22/2021	10:30am-11:30am	Recovering from Stroke	Joanna Israel, DO	0.5
	11:30am-12:30pm	Neurogenic Bowel & Bladder	Matthias Linke, DO	1
	1:30pm-2:30pm	Approach to Headache Diagnosis and Treatment	Kerry Knievel, DO	1
	2:30pm-3:30pm	Performing Arts Medicine: Osteopathic Principles for the Instrumentalist	David Shoup, DO	1
	3:30pm-4:30pm	An Osteopathic Approach to Upper Extremity Problems in the Injured Instrumentalist	David Shoup, DO	0.5
10/23/2021	9:30am-10:30am	Building the Bridge Between Medicine and Fitness: A Team-Based Approach	Jeff Young	1
	11:30am-12:30pm	Current Trends in TMD and Orofacial Pain Therapeutics	Dharti Patel, DDS	1
	2:30pm-3:30pm	EMG Chat: A Practical Interactive Discussion on Performing Electrodiagnostic Testing	Benjamin Sucher, DO	1
	3:30pm – 4:30pm	Stingray-induced Tarsal Tunnel Syndrome: A Case Report and Discussion of Tarsal Tunnel Syndrome Versus Baxter's Neuropathy	Benjamin Sucher, DO Felicia Mix, OMS IV	1
10/24/2021	8:30am-9:30am	Nutritional Considerations in Anxiety	Jackie Stoken, DO	0.75
	9:30am-11:30am	Reframe Pain to Gain: Holistic Treatment for Chronic Pain	Sarette Zecharia, PhD	2
	11:30am-12:30pm	Inclusion, Seclusion, Confusion - Who's Your Doctor?	Estelle Farrell, DO	0.5
	1:30pm-2:30pm	Ultrasound: Using an Old Technology to Deliver Health Care for the Future	Blake Boggess, DO, FAOASM Albert Kozar, DO, FAOASM, R-MSK	1
	2:30pm-3:30pm	Common Upper Extremity Injuries in Primary Care	Priscilla Tu, DO, FAOASM	1

### AMERICAN OSTEOPATHIC COLLEGE OF PHYSICAL MEDICINE & REHABILITATION (AOCPMR)









Matthias Linke, DO



Kerry Knievel, DO



David Shoup, DO



Jeff Young



Dharti Patel, DDS



Benjamin Sucher, DO



Felicia Mix, OMS-IV



Jackie Stoken, DO



Sarette Zecharia, PhD



Estelle Farrell, DO



Blake Boggess, DO, FAOASM



Albert Kozar, DO, FAOASM, R-MSK



Priscilla Tu, DO, FAOASM

# AMERICAN OSTEOPATHIC ASSOCIATION OF PROLOTHERAPY REGENERATIVE MEDICINE (AOAPRM)



Day	Time	Title	Speaker	CME Credit
10/22/2021	9:30am-10:30am	Intro to Prolotherapy	Eren Ural, DO	1
	11:00am-12:00pm	Prolotherapy for the Foot/Ankle	Wayne Feister, DO	1
	2:00pm-3:00pm	Neural Therapy	Gerald Harris, DO	1
10/23/2021	9:30am-10:30am	Prolotherapy/PRP treatment for Knee	Walter Grote, DO	1
	11:00am-12:00pm	Prolotherapy for the Low Back Pain in the Lumbar/Sacroiliac Region	Arden Andersen, DO, MSPH, PhD	1
	2:00pm-3:00pm	Prolotherapy for the Hip and Other Things to Consider	Aline Fournier, DO	1



Eren Ural, DO



Wayne Feister, DO



Gerald Harris, DO



Walter Grote, DO



Arden Andersen, DO, MSPH, PhD



Aline Fournier, DO

# AMERICAN OSTEOPATHIC SOCIETY OF RHEUMATIC DISEASES (AOSRD)



Day	Time	Title	Speaker	CME Credit
10/22/2021	9:30am-10:30am	Basics in Rheumatic Pathology for the Family Practice Physician	Robert Speer, DO	0.5
	10:30am-11:30am	Psoriatic Arthritis, Diagnosis and Treatment	Robert Speer, DO	0.5
	11:30am-12:30pm	Vascular Arthritis vs Inflammatory Vasculitis	Robert Speer, DO	0.75
	1:30pm-2:30pm	Low Dose Naltrexone	William Clearfield, DO	1
	2:30pm-3:30pm	What You Need to Know about Male Hormones	William Clearfield, DO	1.5
	3:30pm-4:30pm	What You Need to Know about Female Hormones	William Clearfield, DO	1.5
10/23/2021	9:30am-10:30am	Asset Management	Larry Oxenham	0.75
	10:30am-11:30am	Electronic Health Records: Its Effect on Health Care	Silvia Santos Cruz, DO, FACOOG, Esq.	0.75
	11:30am-12:30pm	Physician Burnout: Getting Back Physician Autonomy	Silvia Santos Cruz, DO, FACOOG, Esq.	0.5
	1:30pm-2:30pm	Endocannabinoid System Anatomy and Physiology: An Osteopathic Perspective	Dustin Sulak, DO	0
	3:30pm-4:30pm	Clinical Applications of Medical Cannabis: Evidence-Based and Emerging Indications	Kent Crowley, PharmD, ABAAHP, FAARM	0
	4:30pm-5:30pm	Cannabis Use Disorder and Cannabis for Harm Reduction	Dustin Sulak, DO	0
10/24/2021	9:30am-10:30am	Multimodal Treatment of TBI with Osteopathic, Integrative, and Regenerative Medicine	John Hughes, DO	0.75
	10:30am-11:30am	Autologous Plasma and Regenerative Techniques for Chronic Pain Due to Musculoskeletal Conditions, Neuropathy, and Scar Tissue	John Hughes, DO	1
	11:30am-12:30pm	The Thyroid Show	William Clearfield, DO	1.5
	1:30pm-2:30pm	Give Me A Head With Hair!	William Clearfield, DO	1.25
	2:30pm-3:30pm	Integrative Medicine, How Multi-Modal Can Save Lives and Alleviate Suffering, a Panel Discussion	Kent Crowley, PharmD, ABAAHP, FAARM Dustin Sulak, DO Michelle Weiner, DO, MPH	1

# AMERICAN OSTEOPATHIC SOCIETY OF RHEUMATIC DISEASES (AOSRD)









William Clearfield, DO



Larry Oxenham



Silvia Santos Cruz, DO, FACOOG, Esq.



Dustin Sulak, DO



Kent Crowley, PharmD, ABAAHP, FAARM



John Hughes, DO



Michelle Weiner, DO, MPH

# AMERICAN OSTEOPATHIC COLLEGE OF ALLERGY AND IMMUNOLOGY (AOCAI)



Day	Time	Title	Speaker	CME Credit
10/23/2021	9:30am-10:30am	Contact Dermatitis – Itch or Burn	Madiha Huq, DO Robert W. Hostoffer, MSMed, MBA, LhD, DO, FACOP, FACOI	1
	10:30am-11:30am	Vaccine and Drug Reaction – From Influenza to COVID	Sandeep Sarkaria, MD Robert W. Hostoffer, MSMed, MBA, LhD, DO, FACOP, FACOI	1
	11:30am-12:30pm	Sublingual Desensitization and Treatment	Lauren Fill, DO Robert W. Hostoffer, MSMed, MBA, LhD, DO, FACOP, FACOI	1



Madiha Huq, DO



Robert W. Hostoffer, MSMed, MBA, LhD, DO, FACOP, FACOI



Robert W. Hostoffer, Sandeep Sarkaria, MD



Lauren Fill, DO

# AMERICAN OSTEOPATHIC COLLEGE OF DERMATOLOGY (AOCD)



Day	Time	Title	Speaker	CME Credit
10/22/2021	9:30am-10:30am	Atopic Dermatitis	Reagan Anderson, DO	1
	10:30am-11:15am	Biopsies	Reagan Anderson, DO	0.75
	11:30am-12:30pm	Conundrums in Dermatology in Africa	G. Scott Drew, DO	1
	1:30pm-2:30pm	Coding and Billing Update	Faith McNicholas, RHIT, CPS, CPCD, PCS, CDC	1
	2:30pm-3:00pm	Medicolegal Issues in Dermatology/ Dermatopathology	Whitney High, MD	0.5
	3:00pm-3:30pm	Pigmented Lesions: Moles, Melanoma, and Diagnostic/Prognostic Tests	Whitney High, MD	0.5
	3:30pm-4:15pm	The Art of Medicine by a DO Dermatologist	Suzanne Sirota Rozenberg, DO	0.75
	4:15pm-5:00pm	Basic Tenets of Skin Care	Suzanne Sirota Rozenberg, DO	0.75
10/23/2021	9:30am-10:15am	Cosmeceuticals in Skin of Color	Jennifer David, DO	0.75
	10:15am-11:00am	Rashes During Pregnancy	Ruth Dubyel, DO	0.75
	11:00am-11:45am	Coding Update and Best of JAAD	Dirk Elston, MD	0.75
	11:45am-12:30pm	The Meade Method "Brownsville Bolster" Full Thickness Skin Grafts	Carlos Gomez-Meade, DO	0.75
	1:30pm-2:15pm	Intellectual Property Law in the Healthcare Industry	Jon B. Hyland, JD	0.75
	2:15pm-3:00pm	Contact Dermatitis	Francisca Kartono, DO	0.75
	3:00pm-3:45pm	How NOT to Meet a Medical Malpractice Attorney	Margaret Masters, JD	0.75
	3:45pm-4:30pm	Mohspourri	Christopher Weyer, DO	0.75
	4:30pm-5:00pm	Bruxism and Premature Aging	Shino Bay Aguilera, DO	0.5

# **AMERICAN OSTEOPATHIC COLLEGE OF DERMATOLOGY (AOCD)**



Day	Time	Title	Speaker	CME Credit
10/24/2021	9:30am-10:30am	Tips for the Medical Dermatologists	Dawn L. Sammons, DO	0.5
	10:30am-11:30am	Dermatopathology of Summer Skin Conditions	Amy Spizuoco, DO	1
	11:30am-12:30pm	The Elusive Dysplastic Nevus: Creating a Management Strategy	Shannon Trotter, DO	1
	1:30pm-2:00pm	Cabinet of Curiosities: Paleodermatology, Crayons and Sideshows	Derrick Adams, DO	0.75
	2:00pm-2:45pm	"Step Right Up!" The American Sideshow and Genodermatoses	Derrick Adams, DO	0.75
	2:45pm-3:15pm	Metastatic Carcinoma in the Skin	Michael Nowak, MD	0.5



Reagan Anderson, DO



G. Scott Drew, DO



Faith McNicholas, RHIT, CPS, CPCD, PCS, CDC



Whitney High, MD



Suzanne Sirota Rozenberg, DO



Jennifer David, DO



Ruth Dubyel, DO



Dirk Elston, MD



Carlos Gomez-Meade, DO



Jon B. Hyland, JD



Francisca Kartono, DO



Margaret Masters, JD



Christopher Weyer, DO



Shino Bay Aguilera, DO



Dawn L. Sammons, DO Amy Spizuoco, DO





Shannon Trotter, DO



Derrick Adams, DO



Michael Nowak, MD



# AMERICAN COLLEGE OF OSTEOPATHIC INTERNISTS (ACOI)



Day	Time	Title	Speaker	CME Credit
10/23/2021	9:30am-10:15am	C19 and the Kidneys	Mark Baldwin, DO	0.75
	10:30am-11:30am	New Strategies for Thyroid and Diabetes Testing	John Sutton, DO, FACOI	1
	11:30am-12:15pm	Fatty Liver: A Primer for Non-Alcoholic Liver Disease	Sara Ancello, DO	0.75
	1:30pm-2:30pm	Hypertension Crisis and Stroke	John Dahdah, DO, FACOI	1
	2:30pm-3:15pm	Cancer Survivorship	Kevin P. Hubbard, DO, FACOI	0.75
	3:30pm-4:15pm	End Stage Dementia	Annette Carron, DO, FACOI	0.75



Mark Baldwin, DO



John Sutton, DO, FACOI



Sara Ancello, DO



John Dahdah, DO, FACOI



Kevin P. Hubbard, DO, FACOI



Annette Carron, DO, FACOI

# AMERICAN COLLEGE OF OSTEOPATHIC OBSTETRICIANS AND GYNECOLOGISTS (ACOOG)



Day	Time	Title	Speaker	CME Credit
10/22/2021	9:30am-10:15am	Treatment of Vasomotor Symptom in Women: They are Hot as Hell and Not Going to Take it Anymore	Angela DeRosa, DO	0.75
	10:30am-11:15am	Expanding Your Toolbox in the Treatment of Female Sexual Dysfunctions	Julianne Adams Birt, MD, FACOG	0.75
	11:30am-12:15pm	Immunizations in Pregnancy	Emmie Strassberg, DO Dina El Kady MD, FACOG Michael Power, PhD	0.5
	1:30pm-2:15pm	The Effects of Cannabis Use During Pregnancy on Women and Their Children	Julie Kmiec, DO	0.75
10/23/2021	9:30am-10:15am	Gestation Kills: Decreasing the Morbidity and Mortality of Pregnancy in Black and Brown Women – A Closer Look	Anila Ricks-Cord, MD	1
	10:30am-11:15am	Contraception Updates	Madeline Y. Sutton, MD, MPH, FACOG	0.75
	11:30am-12:15pm	STI/Vaginitis in Non-Pregnant Patients	Madeline Y. Sutton, MD, MPH, FACOG	0.75
10/24/2021	8:00am-8:45am	Gestational Hypertension and Preeclampsia	Edward Miller, MD, FACOG	0.75
	9:30am-11:30am	OMT in Women's Health: Simple, Safe & Effective Manipulation Specifically for Your Patients	Meagan Nelsen, DO	0.75
	10:00am-10:45am	The Well-Woman Exam	Cecilia Banga, DO, FACOOG	0.75
	11:00am-11:45am	Urinary Incontinence and Treatment Options	Andrew J. Croak, DO, MS, FACOOG (Dist)	1

# AMERICAN COLLEGE OF OSTEOPATHIC OBSTETRICIANS AND GYNECOLOGISTS (ACOOG)









Julianne Adams Birt, MD. FACOG



Emmie Strassberg, DO



Dina El Kady, MD, FACOG



Michael Power, PhD



Julie Kmiec, DO



Anila Ricks-Cord, MD



Madeline Y. Sutton, MD, MPH, FACOG



Edward E. Miller, MD FACOG



Meagan Nelsen, DO



Cecilia Banga, DO, FACOOG



Andrew J. Croak, DO, MS, FACOOG (Dist)

# **AMERICAN OSTEOPATHIC COLLEGE OF PATHOLOGY (AOCP)**



Day	Time	Title	Speaker	CME Credit
10/23/2021	9:30am-10:30am	COVID-19 Testing: Pitfalls and Promises	Chaya Prasad, MD, MBA	1
	10:30am-11:00am	Entrepreneurship Opportunities in Pathology	Alan Shienbaum, DO	0.5
	11:00am-12:00pm	Interesting Cases in GI Pathology	Laura Michael, DO	1
	1:30pm-2:30pm	Negative Autopsy	Randall McGivney, DO, MBA	1
	2:30pm-3:15pm	Placenta Pathology Part 1	Lisa Smith, DO	0.75
	3:15pm-4:15pm	Placenta Pathology Part 2	Lisa Smith, DO	1
	4:15pm-5:00pm	Platelet Transfusions	Randall McGivney, DO, MBA	0.75
10/24/2021	9:30am-10:30am	Brain Autopsy	Randall McGivney, DO, MBA	1
	10:30am-11:15am	Updates in Breast Pathology	Jeanine Chiaffarano, DO	0.75
	11:15am-12:00pm	Beyond Bethesda Part 1 & 2	Alan Shienbaum, DO	0.75
	1:30pm-2:30pm	Sexual Abuse in the Medical Profession	Chaya Prasad, MD, MBA	1



Chaya Prasad, MD, MBA



Alan Shienbaum, DO



Laura Michael, DO





Randall McGivney, DO, MBA



Lisa Smith, DO



Jeanine Chiaffarano, DO

# AMERICAN OSTEOPATHIC COLLEGE OF RADIOLOGY (AOCR)



Day	Time	Title	Speaker	CME Credit
10/22/2021	9:30am-10:30am	Practical Approaches to Arthrography & Related Pain Management	Kevin Carter, DO, FAOCR	1
	10:30am-11:30am	Thoracic & Lumbar Spine Trauma: What Trauma Service Want to Know	William Colantoni, DO	1
	11:30am-12:30pm	Update in Lung Cancer Screening	Douglas Johnson, DO	1
	1:30pm-2:30pm	Advanced Imaging of the Prostate: PI-RADS V2.1 and Beyond	Brandon Mason, DO	1
	2:30pm-3:30pm	MRI of the Ankle	Donald von Borstel, DO	1
	3:30pm-4:30pm	Structured Approach to Arthritis Imaging	Donald von Borstel, DO	1



Kevin Carter, DO, FAOCR



William Colantoni, DO



Douglas Johnson, DO



Brandon Mason, DO



Donald von Borstel, DO

# AMERICAN OSTEOPATHIC ACADEMY OF SPORTS MEDICINE (AOASM)



Day	Time	Title	Speaker	CME Credit
10/22/2021	9:30am-10:30am	Sports Medicine: Tips for Integrating Motivational Interviewing, Mindfulness and More in Managing Health of Athletes	Elizabeth McClain, PhD	1
	10:30am-11:30am	The Employed Collegiate Sports Medicine Physician	Brett Sprouse, DO, MBA, CAQSM	1
	11:30am-12:30pm	Opioids, Substance Use, Misuse or Addiction	Anthony Dekker, DO, FAOAAM, FACOFP	1
	1:30pm-2:30pm	Extreme Sports: Rivers, Rocks, and Trails	Rance McClain, DO, FACOFP FAOASM	1
	2:45pm-3:45pm	Extreme Sports Coverage: The Great and Wild Outdoors	Jason A. Smith, DO, CIC, FAOASM (Part 1) Stephanie Aldret, DO, CAQSM (Part 2)	1
10/23/2021	9:30am-11:00am	ABCs of FDM	Todd Capistrant, DO, MHA	1.5
	11:00am-12:30pm	Integrating Osteopathic Principles into Patient Care. An Approach for All Specialties – AAO Northup Lecture	Karen T. Snider, DO, MS, FAAO, FNAOME	1.5
	1:30pm-3:00pm	ABCs of Regenerative Therapies	Donna Alderman, DO	1.25
	3:00pm-4:00pm	ABCs Functional Kyphosis - Posterior Thoracic Core: An Osteopathic Anatomic and Functional Approach	John Dougherty, DO, FAOASM	0.75
	4:00pm-5:00pm	ABCs of Core Stability in the Athlete	Kate Quinn, DO, FAOASM	1
10/24/2021	8:00am-9:00am	Adolescent Sports Injuries	Patrick F. Leary, DO, FAOASM, FACSM, FACOFP	1
	9:00am-10:30am	The Secret Dual Pandemic: COVID and Physician Mental Health—Addressing Clinician Personal Resilience, From Breakdowns to Breakthroughs	Miko Rose, DO	1.5
	10:30am-11:30am	Current Concussion Update from the Team Physician's Consensus Statement	R. Robert Franks, DO, FAOASM	1
	1:30pm-2:30pm	Ultrasound: Using an Old Technology to Deliver Health Care for the Future	Blake Boggess, DO, FAOASM Albert Kozar, DO, FAOASM, R-MSK	1
	2:30pm-3:30pm	Common Upper Extremity Injuries in Primary Care	Priscilla Tu, DO, FAOASM	1

All times listed are Central Time



# AMERICAN OSTEOPATHIC ACADEMY OF SPORTS MEDICINE (AOASM)





Elizabeth McClain, PhD



Brett Sprouse, DO, MBA, CAQSM



Anthony Dekker, DO, FAOAAM, FACOFP



Rance McClain, DO, FACOFP FAOASM



Jason A. Smith, DO, CIC, FAOASM



Stephanie Aldret, DO, CAQSM



Todd Capistrant, DO, MHA



Karen T. Snider, DO, MS, FAAO, FNAOME



Donna Alderman, DO



John Dougherty, DO, FAOASM



Kate Quinn, DO, FAOASM



Patrick F. Leary, DO, FAOASM, FACSM, FACOFP



Miko Rose, DO



R. Robert Franks, DO, FAOASM



Blake Boggess, DO, FAOASM



Albert Kozar, DO, FAOASM, R-MSK



Priscilla Tu, DO. FAOASM

# AMERICAN COLLEGE OF OSTEOPATHIC SURGEONS (ACOS)



Day	Time	Title	Speaker	CME Credit
10/22/2021	9:30am-10:15am	Composite BBL and Arabic Arch Suspension Suture Technique	Alexander Aslani, MD	0.75
	10:15am-11:00am	Trauma and Critical Care Papers That Should Change Your Practice 2020	Gerard Baltazar, DO, FACOS, FACS	0.75
	11:00am-11:45am	Trauma Surgery: An Osteopathic Approach	Gerard Baltazar DO, FACOS, FACS	0.75
	1:30pm-2:45pm	Pain Control in the Geriatric Surgical Patient	Michael F. Ditillo, DO, FACS	1.25
	2:45pm-3:45pm	Use of Frailty as a Preoperative Component of Informed Consent	Michael F. Ditillo, DO, FACS	1
	3:45pm-4:00pm	Nipple Sparing Mastectomies: Contemporary Indications, Patient Selection, Technical Aspects	Betty Fan, DO, FACOS	0.25
	4:00pm-4:30pm	The Difficult Gallbladder	Terence Jackson, MD	0.50
	4:30pm-4:45pm	Laparoscopic CBD Exploration for the General Surgeon	Terence Jackson, MD	0.25
	4:45pm-5:00pm	Just How Crazy Can We Get?: Damage Control Surgery	Anthony J. LaPorta, MD, FACS	0.25
10/23/2021	9:30am-10:30am	COVID-19 Pandemic: Surgery Response from Queens, NY	Katherine McKenzie, DO, FACOS, FACS	1
	10:30am-11:30am	Craniosynostosis- Knowledge Update	Tanya Minasian, DO, FACOS, FACS	1
	11:30am-12:30pm	Effect of COVID-19 on Stroke	Dan Miulli, DO, MS, FACOS	1
	1:30pm-2:15pm	Surgical updates for breast cancer (including oncoplastics, hidden scar technique and reverse axillary mapping, etc)	Jacqueline Oxenberg, DO, FACOS	0.75
	2:15pm-3:00pm	Clinical Ethics 101	Keelin F. Roche, MD, MPH	0.75
	3:00pm-3:15pm	Role of Amniotic Placental Allograft in Reducing Colonic Anastomotic Leak Rates	Thomas J. Shaknovsky, DO	0.25
	3:15pm-4:15pm	Stress Urinary Incontinence In Women and Men	Kirin K. Syed, DO, FACOS	1
	4:15pm-4:45pm	Intravenous Pyruvate to Protect Organs During Closed-Chest Resuscitation and Recovery from Cardiac Arrest	Albert H. Yurvati, DO, PhD, FACOS, FICS, FAHA	0.50

All times listed are Central Time



# **AMERICAN COLLEGE OF OSTEOPATHIC SURGEONS (ACOS)**





Alexander Aslani, MD



Gerard Baltazar, DO, FACOS. FACS



Michael F. Ditillo, DO. FACS





Betty Fan, DO, FACOS Terence Jackson, MD



Anthony J. LaPorta, MD, FACS



Katherine McKenzie, DO, FACOS, FACS



Tanya Minasian, DO, FACOS, FACS



Dan Miulli, DO, MS, FACOS



Jacqueline Oxenberg, DO, FACOS



Keelin F. Roche, MD, MPH



Thomas J. Shaknovsky, DO



Kirin K. Syed, DO, FACOS



Albert H. Yurvati, DO, PhD, FACOS, FICS, FAHA

# AMERICAN COLLEGE OF OSTEOPATHIC EMERGENCY PHYSICIANS (ACOEP)



Day	Time	Title	Speaker	CME Credit
10/23/2021	10:00am-10:30am	Ventilating the COVID Patient	Caroline Stoddard- Astemborski, MD	0.5
	10:30am-11:00am	COVID in Pediatric Patients	Jeremiah Smith, MD, FAAP	0.75
	11:00am-11:30am	COVID Medication - Fact Vs. Myth, Evidence-Based	Phillip Moschella, MD, PhD	0.75
	11:30am-12:00pm	Cardiac Issues with COVID	Ryan Garbalosa, DO	0.5
	12:00pm-12:30pm	Emergent Pediatric Rashes	Hope Staton, DO	0.5
	1:30pm-2:00pm	RSV in Pediatrics	Sofia Abraham-Hardee, DO, PhD, FACOP, FAAP	0.5
	2:00pm-2:30pm	Pediatric Dental Emergencies	Mary Crockett, DMD	0.5
	2:30pm-3:00pm	Ultrasound-Guided Vascular Access	Thomas Cook, MD	0.5
	3:30pm-4:00pm	Orthopedic Emergencies	Christopher Maritato, DO	0.75
10/24/2021	9:30am-10:00am	CVA Updates	Ryan Hakimi, DO	0.5
	10:00am-10:30am	Unexpected Delivery in the ED	Julia Todd, DO	0.5
	10:30am-11:00am	EKGs You Can't Miss	Lindsay Saleski, DO	0.5
	11:00am-11:30am	Let's Talk about Sex: STI's Review and Updates	Jessica Hobbs, DO	0.5
	11:30am-12:00pm	OMT in the ED	Victoria Shadiack, DO	0.5
	12:00pm-12:30pm	Ophthalmology Emergencies	Usaima Siddiqi, DO	0.5
	1:30pm-2:00pm	Community Based Practice — H's and T's, When the Code isn't Generic!	Garret Clanton, MD	0.5
	2:00pm-2:30pm	Myth Busters and Must Have Tools for Wound Care in the ED	Patrick O'Malley, MD	0.5
	2:30pm-3:00pm	Drugs of Abuse: An Evidence-Based Review	Shirley Lizcano, DO	0.5

# **AMERICAN COLLEGE OF OSTEOPATHIC EMERGENCY PHYSICIANS (ACOEP)**





Caroline Stoddard-Astemborski, MD



Jeremiah Smith, MD. FAAP



Phillip Moschella, MD. PhD



Ryan Garbalosa, DO



Hope Staton, DO



Sofia Abraham-Hardee, DO. PhD. FACOP, FAAP



Mary Crockett, DMD



Thomas Cook, MD



Christopher Maritato, DO



Ryan Hakimi, DO



Julia Todd, DO



Lindsay Saleski, DO



Jessica Hobbs, DO



Victoria Shadiack, DO Usaima Siddiqi, DO





Garrett Clanton, MD



Patrick O'Malley, MD



Shirley Lizcano, DO

# AAP SECTION ON OSTEOPATHIC PEDIATRICIANS

Day	Time	Title	Speaker	CME Credit
10/24/2021	9:30am-10:30am	Osteopathic Approach to COVID in Peds/MISC	Kimberly J. Wolf, DO	1
	10:30am-11:30am	Eating Disorders	Jaime Taylor, DO	0.75
	11:30am-12:30pm	Osteopathic Pediatrics Treatment in Cancer Support Care (OPTICS)	Jenny Belsky, DO	1
	1:30pm-2:15pm	Pandemic Pounds	Tyree Winters, DO	0.75
	2:30pm-3:15pm	Exploring the Neurobiology of Mind-Body-Spirit	Stacey L. Pierce-Talsma, DO, MS, FNAOME Alexandra Fleck, OMS II	0.5
	3:30pm-4:00pm	Osteopathic Research Update	Samantha DeMarsh, DO	0.5
	4:00pm-4:30pm	Adverse Childhood Experiences (ACES)	Mercie DiGangi, DO	0.5
	4:30pm-5:00pm	Oral Motor Mechanics of Infant Feeding	Hope Tobey, DO	0.5



Kimberly J. Wolf, DO



Jaime Taylor, DO



Jenny Belsky, DO



Tyree Winters, DO



Stacey L. Pierce-Talsma, DO, MS, FNAOME



Alexandra Fleck, OMS II



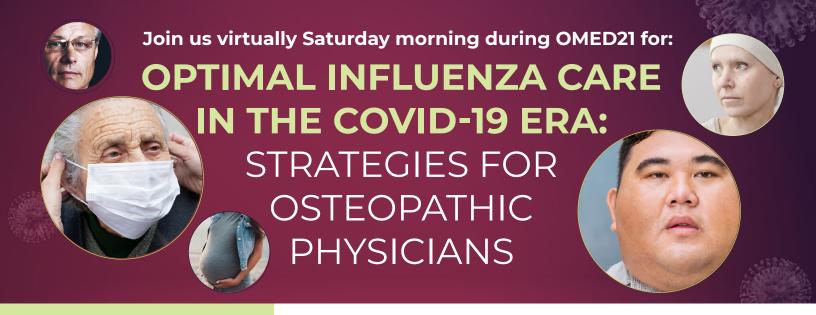
Samantha DeMarsh, DO



Mercie DiGangi, DO



Hope Tobey, DO



### **FACULTY**



Michael P. Angarone, DO

Associate Professor
Division of Infectious Diseases
Departments of Medicine and
Medical Education
Northwestern University
Feinberg School of Medicine
Chicago, IL



Jennifer Caudle, DO

Associate Professor
Family Medicine
Rowan University
School of Osteopathic Medicine
Stratford, NJ

Must be registered for OMED21 to attend.

This activity is provided by Paradigm Medical Communications, LLC and the American Osteopathic Association.

# SATURDAY, OCTOBER 23, 2021 6:15 AM – 7:45 AM CT

4:15 AM - 5:45 AM PT 5:15 AM - 6:45 AM MT 7:15 AM - 8:45 AM ET

Every minute counts in the race to treat or prevent flu in high-risk patients. But clinical uncertainty can present stumbling blocks: Does the patient have flu, COVID-19, or both? Is the patient high risk? Should antiviral therapy be initiated? If so, when, and which one? This fast-paced, expert-led, speed-round-enhanced activity will have you up to date on best practices for flu diagnosis and treatment while providing opportunities for spirited gaming and friendly competition along the way. Who will rise to the top of the leader board? Who will emerge as influenza MVPs? Join us and find out.

### **Target Audience**

This activity has been designed to address the educational needs of doctors of osteopathic medicine. It may also benefit other healthcare professionals who are interested or involved in the care of patients with, or at risk for, influenza and related complications.

# **Learning Objectives**

Upon completion of this activity, participants should be able to:

- Select appropriate candidates for influenza treatment or prophylaxis based on signs, symptoms, and risk factors in the complex COVID-19 era
- Demonstrate appropriate timing of empiric antiviral initiation based on patient characteristics and current evidence
- Devise regimens for influenza treatment and prophylaxis that are proven to reduce the duration of illness, viral shedding, and related complications

### **Disclosure of Commercial Support**

This activity is supported by an educational grant from Genentech, a member of the Roche Group.

# **SYMPOSIA**

# Optimal Influenza Care in the COVID-19 Era: Strategies for Osteopathic Physicians Saturday, October 23 | 6:15am - 7: 45am CT **CME Credit: 1.5**

Through this symposium participants will be better able to:

- Select appropriate candidates for influenza treatment or prophylaxis based on signs, symptoms, and risk factors in the complex COVID-19 era
- · Demonstrate appropriate timing of empiric antiviral initiation based on patient characteristics and current evidence
- Devise regimens for influenza treatment and prophylaxis that are proven to reduce the duration of illness, viral shedding, and related complications

This symposium is supported by an independent educational grant from Genentech, a member of the Roche Group, and provided by Paradigm Medical Communications, LLC.

### **Speakers:**



Michael P. Angarone, DO

(Associate Professor, Division of Infectious Diseases, Departments of Medicine and Medical Education, Northwestern University Feinberg School of Medicine, Chicago, IL)

Jennifer Caudle, DO (Associate Professor, Family Medicine, Rowan University School of Osteopathic





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# **SYMPOSIA**

Omega-3 and Cardiovascular Diseases: Where Do We Stand Today? Sunday, October 24 | 6:45am – 7:45am CT CME Credit: 1

Through this symposium participants will be better able to:

- Through this symposium participants will be better able to:
- Discuss recent omega-3 fatty acid outcomes trial results and their clinical implications in reducing ASCVD events
- Describe the clinical utility of statin-adjunct therapies for ASCVD event reduction
- Apply recent randomized clinical trial and evidence-based guidelines to reduce ASCVD risk

This symposium is supported by an independent educational grant from Amarin Pharma, Inc., and provided by Medtelligence.

### **Speakers:**



Erin D. Michos, MD, MHS, FAHA, FACC, FASE, FASPC
Director of Women's Cardiovascular Health, Associate Director
of Preventive Cardiology, Associate Professor of Medicine and
Epidemiology, Ciccarone Center for the Prevention of Cardiovascular
Disease, Division of Cardiology, Johns Hopkins School of Medicine,
Baltimore, MD



Robert J. Chilton, DO, FACP, FACC, FAHA, MACOI, FASCAI Professor of Medicine, Department of Medicine, Division of Cardiology, The University of Texas Health Science Center, San Antonio, Texas

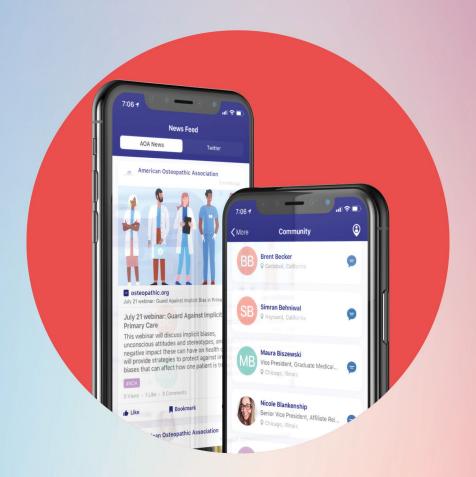


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# **AFFILIATE LEADER TRACK**

The Affiliate Leader Track will take place on Thursday, October 21.

# **Thursday, October 21**

Time	Session Title	Speakers
3:00pm-3:05pm	Affiliate Leader Track Welcome from AOA CEO Kevin M. Klauer, DO, EJD	Kevin M. Klauer, DO, EJD
3:05pm-3:30pm	The Secret to Recruiting, Engaging, and Retaining Members	Sheri Jacobs, FASAE, CAE
3:30pm-4:00pm	Partnering for Success: Effective Strategies in Obtaining Grant Funding for Your Organization	Darcy Steinberg-Hastings, MPH
4:00pm-4:30pm	Board Orientation and Training: Roles, Relations & Roadmap	Bob Harris, CAE
4:30pm-5:00pm	AOA CME Updates: News You Can Use	Jeff Fraler, MS Amanda Weir, MBA
5:00pm-5:30pm	Expect the Unexpected: Ensuring Successful In-Person, Hybrid and Virtual Events	Brittney M. Clark
5:30pm-6:00pm	Student Engagement: Orientation to Residency	Josephine Zammuto



Kevin M. Klauer, DO, EJD



Sheri Jacobs, FASAE, CAE



Darcy Steinberg-Hastings, MPH



Bob Harris, CAE



Jeff Fraler, MS



Amanda Weir, MBA



Brittney M. Clark



Josephine Zammuto

# **STUDENT TRACK**

The student track will take place on Saturday, October 23 and Sunday, October 24.

# Saturday, October 23

Time	Session Title	Speakers
9:00am-9:05am	Welcome and Intro to Pre-SOMA	Bailey Borycki, OMS III Amanda Buzzetta, OMS IV
9:00am-9:20am	What Sets DOs Apart (Pre-SOMA)	Kayleigh Helgesen, OMS III
9:30am-10:20am	SOMA Overdose Prevention Task Force's Naloxone Training	Chrissa Karagiannis, OMS III Jenna Campbell, OMS IV
9:30am-10:20am	What's Your Leadership Style?	Kevin M. Klauer, DO, EJD
9:30am-10:20am	Get Ready for the MCAT! (Pre-SOMA)	Petros Minasi
10:30am-11:20am	How to Create a Safe and Welcoming Environment for LGBTQIA+ Patients	Ronald Holt, DO, MPA, MA'22, DFAPA
10:30am-11:20am	Monday Morning Pearls: Exercise Prescription for the Desk Job (Pre-SOMA)	Amber Gruber, DO
11:30am-12:20pm	Personal Statements: Case Studies for Practice	Holly Proffitt, PhD
11:30am-12:20pm	Applying to Osteopathic Medical School (Pre-SOMA)	Mark R. Speicher, PhD, MHA
12:30pm-1:20pm	Casual Meet and Eat with the Pre-SOMA Directors and AOA Leadership	Pre-SOMA Committee and Chapter Leaders welcome
1:30pm-1:45pm	Social Determinants of Health Resources for Practices: Introducing the SDOH Toolkit	Bruce Wolf, DO
1:30pm-2:20pm	Setting Yourself Up for Success on Level 1 and Step 1	David Mecham, DO Austin Jolly
1:30pm-2:20pm	Mingle & Match	
1:30pm-2:20pm	Nutrition and Socioeconomic Inequalities	Courtney Merlo, RD, CNSC
1:30pm-2:20pm	Overcoming Writer's Block: Tips for Writing an Impactful Personal Statement (Pre-SOMA)	Curtis McInnis, OMS III
1:45pm-2:15pm	Social Determinants of Health: Overcoming Inertia of Identification and Utilization	Daniel Martingano, DO, PhD, MBA
2:15pm-2:45pm	Doing Our Part: Importance of Social Determinants of Health in Primary Care Practice	Tyree Winters, DO
2:30pm-3:20pm	Student Loan Management Throughout Your Career as a Physician: From Medical School into Attending Practice	Michael Jerkins, MD, MEd Ned Palmer, MD, MPH
2:30pm-3:20pm	Don't Look, See	Alyssa Cole, DO

All times listed are Central Time



# **STUDENT TRACK**

The student track will take place on Saturday, October 23 and Sunday, October 24.

### **Saturday, October 23 (Continued)**

Time	Session Title	Speakers
3:00pm-4:00pm	Influenza Prevention: Reaching the Underserved and Minority Populations	Peter Gulick, DO, FACP, FACOI, FIDSA
3:30pm-4:20pm	Keynote: Transgender Basics and Beyond	Laura Arrowsmith, DO
4:00pm-5:00pm	LGBTQIA+ Equity and Inclusion in Healthcare	Jeffrey S. Grove, DO, FACOFP Dist. Ronald Holt, DO, MPA, MA'22, DFAPA Paula M. Neira, MSN, JD, RN, CEN Noora Khiraoui, OMS II

# **Sunday, October 24**

Time	Session Title	Speakers
9:30am-12:20pm	SOMA Fall House of Delegates	Alana Castro-Gilliard, OMS IV
9:30am-10:20am	How to Interview during the COVID Era	Russell Maier, MD, FAAFP
10:30am-11:20am	How to Choose a Specialty	Sarah Cottrell-Cumber, DO
11:30am-12:20pm	CVs: What Not to Do to Be the Best You	Holly Proffitt, PhD
1:30pm-2:20pm	Cooking for Boards – Using Cooking for Stress Management and Healthy Living During Medical School and Residency	Jacqueline Segelnick, DO, PGY-3



Bailey Borycki, OMS III



Amanda Buzzetta, OMS IV



Kayleigh Helgesen, OMS-III



Chrissa Karagiannis, OMS III



Jenna Campbell, OMS IV



Kevin M. Klauer, DO, EJD



Petros Minasi



Ronald Holt, DO, MPA, MA'22, DFAPA



Amber Gruber, DO



Holly Proffitt, PhD



Mark R. Speicher, PhD, MHA



Bruce Wolf, DO

All times listed are Central Time



# **STUDENT TRACK**



David Mecham, DO



Austin Jolly



Courtney Merlo, RD, CNSC



Curtis McInnis, OMS III



Daniel Martingano DO, PhD, MBA



Tyree Winters, DO



Michael Jerkins, MD, MEd



Ned Palmer, MD, MPH



Alyssa Cole, DO



Peter Gulick, DO, FACP, FACOI, FIDSA



Laura Arrowsmith, DO



Jeffrey S. Grove, DO, FACOFP Dist.



Paula M. Neira, MSN, JD, RN, CEN



Noora Khiraoui, OMS II



Alana Castro-Gilliard, OMS IV



Russell Maier, MD, FAAFP



Sarah Cottrell-Cumber, DO



Jacqueline Segelnick, DO, PGY-3

# **RESIDENT TRACK**

The resident track will take place on Saturday, October 23.

### Saturday, October 23

Time	Session Title	Speakers
9:30am-10:25am	Communication Gone South: Getting Back on Track	Shannon Scott, DO Danielle Barnett-Trapp, DO Jenna Sangkam, DO Christina Martin, DO
10:30am-11:30am	Top 10 Pearls to Protect Your Career	Kevin M. Klauer, DO, EJD
1:30pm-2:25pm	Why Your Advocacy Matters: A Case Study on the Outcomes from the Osteopathic Profession's Grassroots Engagement	Sean Neal
2:30pm-3:20pm	Student Loan Management Throughout Your Career as a Physician: From Medical School into Attending Practice	Michael Jerkins, MD, MEd Ned Palmer, MD, MPH
3:30pm-4:30pm	The AOA Treasure Chest: What's in It for You	Maura Biszewski Andrea Ciccone, JD Kathleen S. Creason, MBA David Pugach, JD Mollie Pillman, MS, MBA, CAE



Shannon Scott, DO



Danielle Barnett-Trapp, DO



Jenna Sangkam, DO





Christina Martin, DO Kevin Klauer, DO, EJD



Sean Neal



Michael Jerkins, MD, MEd



Ned Palmer, MD, MPH



Maura Biszewski



Andrea Ciccone, JD



Kathleen S. Creason, MBA



David Pugach, JD



Mollie Pillman, MS, MBA, CAE

All times listed are Central Time



# DIVERSITY, EQUITY AND INCLUSION TRACK

The Diversity, Equity and Inclusion track will take place on Saturday, October 23.

### Saturday, October 23

Time	Session Title	Speakers	CME Credit
9:30am-10:30am	Meta L. Christy, DO, Plenary Session Sponsored by Philadelphia College of Osteopathic Medicine (PCOM)  PCOM.	Barbara Ross-Lee, DO Danielle Ward, DO Norman Gevitz, PhD Jose Parra, OMS III	0.75
10:30am-11:30am	Navigating DEI as an Underrepresented Minority in Leadership	Sonia Rivera-Martinez, DO Jennifer Kendall, DO Simran Behniwal, DO Alexis Phillips-Walker, DO	0.5
11:30am-12:30pm	The Journey Towards Diversity, Equity, and Inclusion – What is Our Role?	Sheryl Heron, MD	1







Danielle Ward, DO



Norman Gevitz, PhD



Jose Parra, OMS III



Sonia Rivera-Martinez, DO



Jennifer Kendall, DO



Simran Behniwal, DO



Alexis Phillips-Walker, DO



Sheryl Heron, MD

# SOCIAL DETERMINANTS OF HEALTH TRACK

The Social Determinants of Health track will take place on Saturday, October 23.

### Saturday, October 23

Time	Session Title	Speakers	CME Credit
1:30pm-1:45pm	Social Determinants of Health Resources (SDOH) for Practices: Introducing the SDOH Toolkit	Bruce Wolf, DO	0.25
1:45pm-2:15pm	Social Determinants of Health: Overcoming Inertia of Identification and Utilization	Daniel Martingano DO, PhD, MBA	0.5
2:15-2:45pm	Doing Our Part: Importance of Social Determinants of Health in Primary Care Practice	Tyree Winters, DO	0.25
3:00pm-4:00pm	Influenza Prevention: Reaching the Underserved and Minority Populations Brought to you by the American Osteopathic Association in collaboration with Sanofi Pasteur.	Peter Gulick, DO, FACP, FACOI, FIDSA	0.75
4:00pm-5:00pm	LGBTQIA+ Equity and Inclusion in Healthcare Sponsored by the American Osteopathic Foundation  American Osteopathic Foundation	Jeffrey S. Grove, DO, FACOFP Dist. Ronald Holt, DO, MPA, MA'22, DFAPA Paula M. Neira, MSN, JD, RN, CEN Noora Khiraoui, OMS II	1



Bruce Wolf, DO



Daniel Martingano DO, PhD, MBA



Tyree Winters, DO



Peter Gulick, DO, FACP, FACOI, FIDSA



Jeffrey S. Grove, DO, FACOFP Dist.



Ronald Holt, DO, MPA, MA'22, DFAPA



Paula M. Neira, MSN, JD, RN, CEN



Noora Khiraoui, OMS II

# RESEARCH TRACK

# Friday, October 22 | 1:00pm-4:00pm CT Saturday, October 23 | 11:00am-2:00pm CT

The annual Poster Session and Student Poster Competition provides an opportunity for researchers to disseminate their research to a broader audience. During the Student Poster Competition, student researchers present their research projects to teams of judges in a live, virtual format. Cash prizes are awarded to the nine top scoring presenters. Students enter the competition at the time of their abstract submission. Accepted abstracts will be published in The Journal of Osteopathic Medicine.

The 60+ ePosters will be presented by students on Friday, Oct. 22 and Saturday, Oct. 23. A complete listing of the poster presentations can be found in the OMED Event Guide.

Physicians may claim up to two (2) credits of AOA Category 2-B CME by viewing the ePosters. To claim these credits and receive a certificate, the participant must complete and submit a separate attestation form and send to **gdillard@osteopathic.org**.

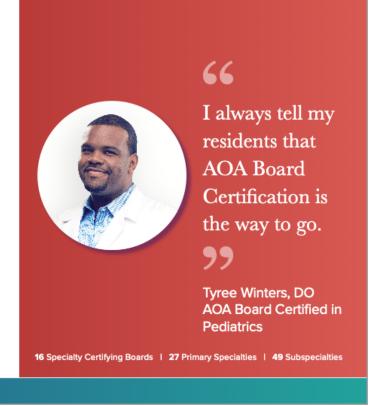
All the ePosters presentations can be viewed **online**. To view the ePosters, attendees will be required to create a user profile by clicking on "Save me a spot".



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# **LUNCH & LEARN**

# Friday, October 22 | 12:45pm-1:15pm Saturday, October 23 | 12:45pm-1:15pm Grab your lunch and listen. This lunch and learn session is provided by Novartis.



Vikram Garg, MD, MS

The session begins with Vikram Garg, MD, MS, the Regional Medical Director at Novartis. Dr. Garg will speak on Early Recognition of axSpA in Primary Care. This topic will provide information to distinguish between mechanical and inflammatory back pain.

Then, Linda Grinnell-Merrick, MS, ANP-BC, the Regional Medical Director at Novartis will discuss the Recognition of PsA in Primary Care. This topic will provide information on identifying the link between psoriasis and psoriatic arthritis with emphasis on early diagnosis of psoriatic arthritis.



Linda Grinnell-Merrick, MS, ANP-BC



# OMED 2021 EVENT GUIDE AVAILABLE FOR DOWNLOAD NOW!

The OMED 2021 Event Guide is available for download! The Guide allows attendees to build their own schedule, set meeting reminders, access conference FAQs, and connect with other attendees.

Download the OMED 2021 Event Guide, by scanning the QR code below or by searching "OMED 2021" in the App Store and Google Play.



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# **ADVOCACY ALERT**



Please urge your members of Congress to address Physician Burnout, and pass the Dr. Lorna Breen Healthcare Provider Protection Act today!

For more information, contact Sean Neal at: sneal@osteopathic.org

### About this Legislation

The Dr. Lorna Breen Health Care Providers Act, named for an emergency physician who died from suicide after dealing with the stress of treating COVID-19 patients, would help address physician burnout by funding new programs to study the issue and train health care professionals in evidence-based strategies to reduce burnout.

### How to Take Action:

Scan the QR code to the right using the photo app or a QR code scanning app installed on your Apple or Android mobile devices. You will be directed to the OAN Action Alert where you can email your lawmakers to ask that they support this important legislation.



# **OMED FEES AND REGISTRATION**

The can't-miss CME event of the year offers the opportunity to earn up to 30 AOA Category 1-A credits and 20 Category 1-B credits or 50 AMA PRA Category 1 Credits™ from across a spectrum of specialties.

Category	Cost
AOA Member (AOA)	\$949
AOA Non Member (NM)	\$1,149
Associate member/Practice Manager (ASM)	\$300
Non-DO (MD, PhD) (NDO)	\$1,149
Retired AOA Member (RET)	\$300
Military (MLT)	\$649
Allied Health Professional (RN, NP, PA, etc.)	\$449
Advocates	\$150
Affiliate Executive Directors/CEO's	\$50
Resident (R)	\$0
Student (S)	\$0
Pre-Medical Student	\$0





Team members will be live online: Friday 10/22 and Saturday 10/23 9 AM - 3 PM CT.



FRONTLINE:



Roger Bedimo, MD, MS Professor of Medicine University of Texas Southwestern Medical Center Dallas, TX



Kevin Winthrop, MD, MPH Professor of Infectious Diseases and Public Health Oregon Health & Science University Portland, OR

### PROGRAM DESCRIPTION | https://covid-vr-lab.covid-frontline.com/#

This Virtual Reality Room takes learners on a captivating journey through mechanism of action of antibody therapies, the rationale for monoclonal antibodies in outpatients, and the role of dual monoclonal antibody therapies in the prevention of viral escape. Learners will also explore the use of vaccines for the prevention of COVID-19. Whiteboard animations will delve into the mechanism of action of COVID-19 vaccines and the rationale for mRNA vaccine technology.

# **EXHIBITS**

# Friday, October 22 | 9:00am-3:00 pm CT Saturday, October 23 | 9:00am-3:00 pm CT On-demand throughout the event

The virtual exhibition is open throughout the conference with dedicated time for viewing on Friday and Saturday from 9:00am-9:30am CT and throughout the day 9:30am-3:00pm all virtual exhibit booths will be available on-demand at any time through November 25.

Participate in virtual exhibit engagement opportunities to win prizes, view the new virtual tote bag and chat with exhibiting companies on the latest products and services

VIEW THE LIST OF EXHIBITORS ONLINE



# SPONSOR ACKNOWLEDGEMENT

Thank you to the sponsors for their support of the OMED 2021 conference. Visit the Sponsorship area on the platform to learn more about the sponsors.































# YOU KNOW HOW TO PRACTICE MEDICINE, NOW LEARN HOW TO LEAD WITH THIS INSIGHTFUL RESOURCE

In *Physician Leadership*, renowned medical leader Dr. Karen J. Nichols delivers a concise guide for busy physicians doing their best to successfully lead people and organizations.

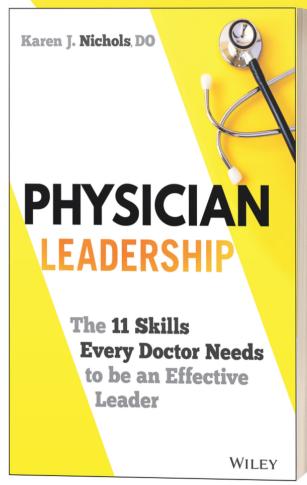
Each chapter offers readers a summary of the crucial points found within, sample questions, exercises, and a bibliography of the relevant academic literature for further study.

*Physician Leadership* provides actionable, real-world advice for practicing and aspiring physicians:

- A thorough introduction to personal approach and style when interacting with patients, managers, boards, and committees
- An exploration of how to employ the principles of effective communication to achieve desired results and practical techniques for implementing those principles
- Practical discussions of the role that perspectives play in shaping an organization's culture and how those perspectives affect leadership efficacy
- In-depth examinations of approaches to decisionmaking that get buy-in from others and achieve results

Perfect for doctors stepping into a leadership role for the first time, *Physician Leadership* also belongs on the bookshelves of experienced physician leaders seeking to improve their leadership abilities and improve the results of their organizations.

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978-1-119-81754-3 Hardcover | 256 pages | \$28.00 In Store Date: 8/31/2021

### **ABOUT THE AUTHOR**



KAREN J. NICHOLS, DO, has extensive leadership experience from private practice to being the academic dean of a college of osteopathic medicine, to serving as president of city, state, and national medical organizations. She lectures nationally and internationally on the topics of physician leadership and women leaders in medicine.

### FOR ORDERING INFORMATION

Please contact John Skinner jskinner@wiley.com • 317.572.3203



# **NETWORKING EVENTS**

NYITCOM Virtual Alumni Reception Thursday, October 21 4:30pm-6:00pm CT

Register here for NYITCOM Alumni Reception

LMU-DCOM Alumni and Friends
Virtual Meet and Greet
Thursday, October 21
6:00pm-7:00pm CT

Join us on Zoom for a virtual meet and greet.

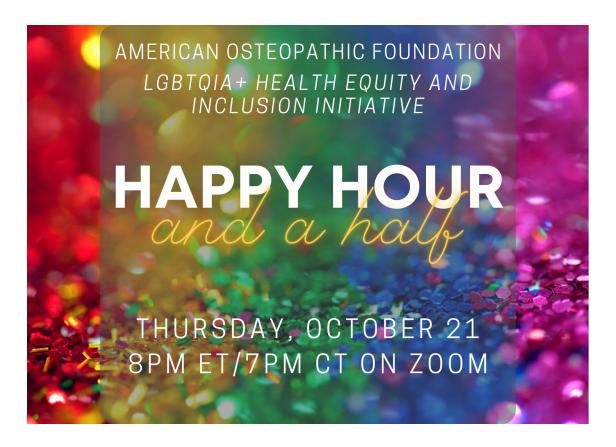
Click here to join.

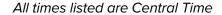
American Osteopathic Foundation
LGBTQIA+ Health Equity and Inclusion Initiative
Happy Hour and a Half. Because an hour just isn't enough.
Thursday, October 21 | 7:00pm-8:30pm CT

The American Osteopathic Foundation invites LGBTQIA+ friends and allies to our Happy Hour and a Half!

A mixologist will help get the evening off to a great start before the fun-filled entertainment begins.

And prizes...there will be prizes. All are welcome. Click here to register.





# **NETWORKING EVENTS**



### Friday, October 22 | 7:00pm-8:30pm CT

The American Osteopathic Foundation's 2021 Honors Gala, hosted by Dr. Karen J. Nichols, will celebrate and pay tribute to leaders, innovators and shining stars within the Osteopathic profession. Guests will also enjoy lively entertainment after the program including a lineup of performers across many musical genres – from country to rock to Broadway!

The 2021 virtual Honors Gala awards program and silent auction will be hosted online at **www.aofhonorsgala.org**. Registration is required.





Karen J. Nichols, DO



# **NETWORKING EVENTS**

# ATSU-OMED Virtual Networking Reception Saturday, October 23 | 6:00pm-7:30pm

Please join us for an A.T. Still University virtual networking reception. Register: <u>atsu.edu/alumni-omed</u>. Access the reception through this **Zoom link**.

# OPAC Event (open to all OPAC Club-Level Supporters) Saturday, October 23 | 7:30pm-8:30pm CT

Join OPAC during OMED 2021 for a virtual discussion event with Kevin "Kal" Kallaugher, the international award-winning editorial cartoonist for The Economist and The Baltimore Sun. During the virtual event, Kal will share his unique take on current events, politics, and the economy. He has lectured at TED, Harvard, Pixar, and Google, and his commentaries have engaged, enraged, and entertained readers and leaders around the globe.

Click here to register.

# SOMA Foundation Fall Award Reception Saturday, October 23 | 8:00pm-9:00 pm CT

Join us for the SOMA Foundation Fall Award Reception as we recognize our amazing supporters, announce fall scholarship recipients, present this year's Northup Award, and share information about an exciting new program! It is open to all osteopathic medical students and supporters. Join the reception on Saturday evening through the Networking icon on the virtual platform.

# Network after OMED at the Touro College Alumni Reception – CA, NV, NY Thursday, October 28 | 6:00pm-8:00pm

Access the event here.



# April 23-27 JW Marriott Washington DC

- Saturday-Sunday, April 23-24
   Virtual health policy conference
- Tuesday, April 26
   Congressional briefing
- Wednesday, April 27
   In-person Congressional meetings

osteopathic.org/DODay





# **OSTEOPATHIC WELLNESS**

The Osteopathic Wellness Area provides on-demand videos addressing the importance of osteopathic wellness. Topics include nutrition, stress management, wellbeing, motivation, mindfulness meditation, yoga and fitness.



Alexander Ford, DO, RD How to Eat Right from a Dietitian Turned Physician

Food is medicine, but as we know not all foods are created equal. Alexander Ford, doctor of osteopathic medicine and registered dietitian, gives us the scoop on how to eat better—and as a result—be better.



Tiffany Lowe-Payne, DO Methods for Managing Stress

Stress is not always avoidable, especially not in health care and not during the year of COVID-19. However, Dr. Tiffany Lowe-Payne is here with advice to help physicians navigate their most stressful days and achieve success.



Cynthia Marske, DO A Day-by-Day Playbook to Build Resilience

Dr. Cynthia Marske will walk through a 7-day mindfulness practice inspired by her latest research on mindfulnessbased stress reduction (MBSR) and its use in treating anxiety, depression and chronic pain.



Katherine Pannel, DO
Healing Loneliness
During Covid-19

As with many issues in the health care community, physician loneliness and isolation are rarely talked about. Dr. Katherine Pannel reminds us that it doesn't have to be this way, and that physicians can in fact maintain their social well-being while continuing to do good work.



Tyree Winters, DO
Tips for Staying Motivated
During Difficult Times

Dr. Tyree Winters gives his advice for physicians fighting to stay motivated during the more challenging stretches of work and life, discussing best practices for sustaining ourselves throughout each day.



# **OSTEOPATHIC WELLNESS**



Rico Blanco, MSHA, PTC, PYT, BCSP, RRCA Wellness Break: Anywhere Chair Yoga

Rico Blanco, a longtime member of the AOA staff and certified personal trainer, demos chair yoga. Join him as he shares stretches that can counterbalance the negative effects of sitting all day, leaving your spine in better alignment and your mood brighter.



Ken Cox Mindfulness Meditation

Ken Cox provides mindful meditation that emphasizes on focusing on the breath to stay present in the moment and recognize your thoughts, feelings, and sensations as they occur.



Erica Merrill Yoga

During yoga, practice linking your breath to your movement, from start to finish, to create a moving meditation. You'll be immersed in breath and movement to get a little vacation from your mind.

# **OSTEOPATHIC WELLNESS**

Caring for patients is your top concern. But it's more important than ever to devote time to your own health and wellness too.

The Osteopathic Wellness Area provides on-demand videos addressing the importance of osteopathic wellness. Topics include nutrition, stress management, well-being, motivation, mindfulness meditation, yoga, and fitness.

Visit the virtual platform to view sessions from our eight wellness coaches and access the AOA Osteopathic Wellness Resource webpage!



MED21





# OMED2

Oct. 22-24 | Virtual Conference

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